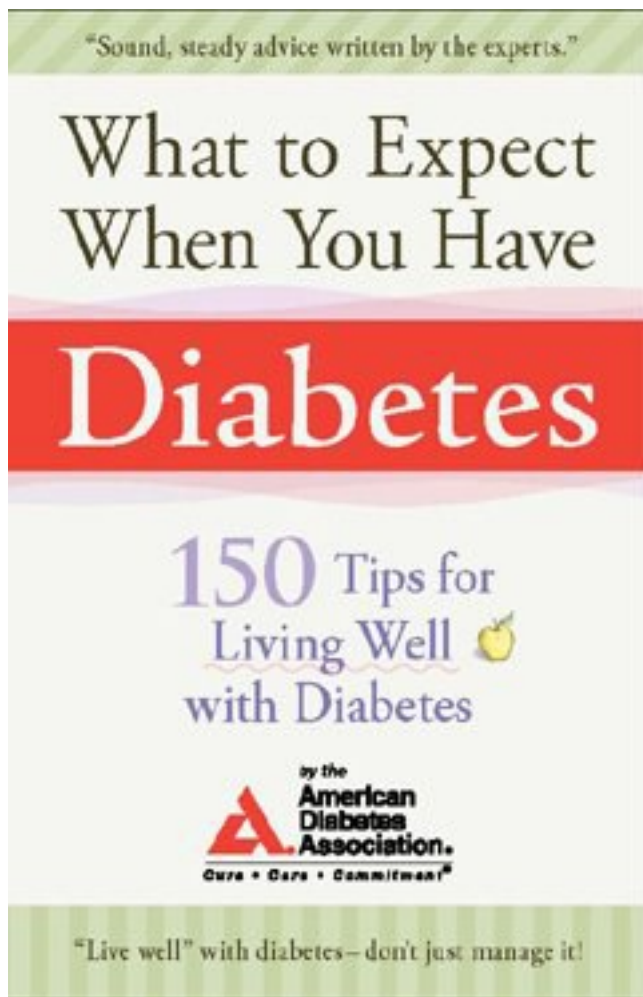


What to Expect When You Have Diabetes



[What to Expect When You Have Diabetes_ 下载链接1](#)

著者:American Diabetes Association

出版者:

出版时间:

装帧:

isbn:9781561486304

Managing a chronic disease like diabetes can be overwhelming, even frightening--especially if you're among the 1.5 million Americans who are newly

diagnosed each year. Now there's sound, steady advice written by the experts, so you can live well with diabetes, not just manage it. What to Expect When You Have Diabetes is a worthy companion amid the glut of questions. This go-to guide with a can-do approach makes understanding diabetes easier. A QandA format, organized by topic for quick reference, provides authoritative answers in straightforward language to a range of questions: This repository of information makes the perfect companion to a health-care team. This book will become a trusted reference for ongoing care.- Is diabetes a dangerous disease?- Should I tell my boss and coworkers that I have diabetes?- Will the medication I am taking for depression affect my blood sugar?- What should I do if I forget to take my diabetes pills?- How do I reduce fat in a meal when I eat at a restaurant?- How do I get the regular exercise that I need to improve my blood sugar?

作者介绍:

目录:

[What to Expect When You Have Diabetes_ 下载链接1](#)

标签

评论

[What to Expect When You Have Diabetes_ 下载链接1](#)

书评

[What to Expect When You Have Diabetes_ 下载链接1](#)