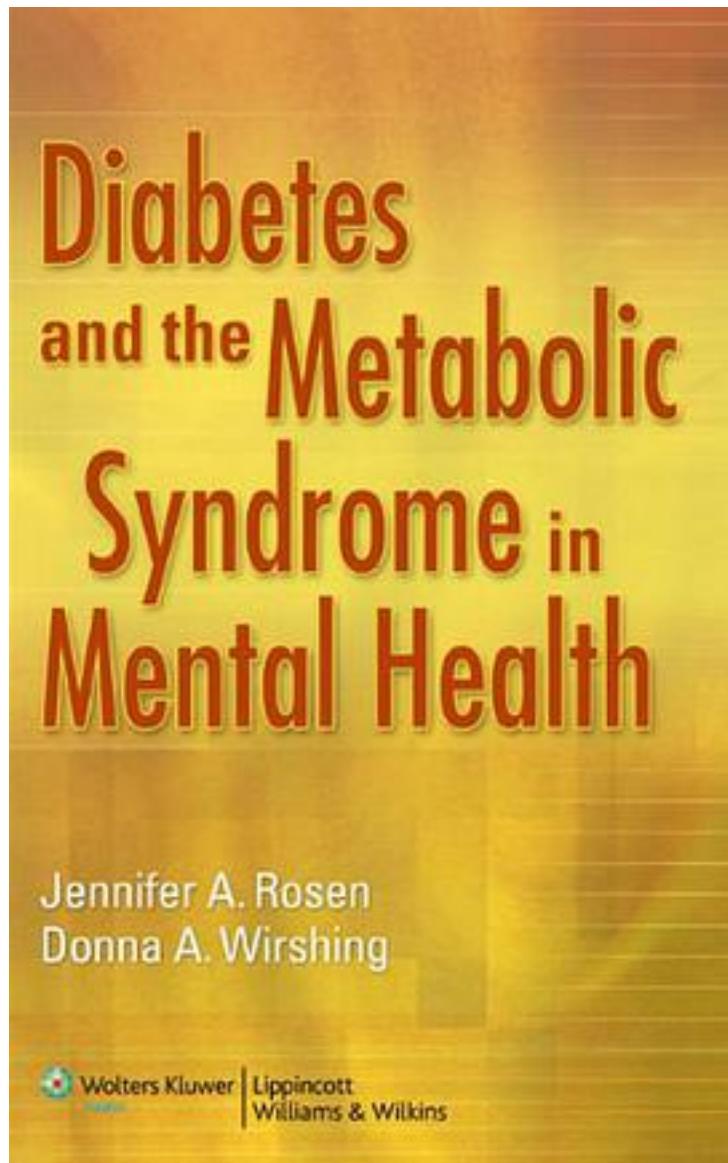


Diabetes and the Metabolic Syndrome in Mental Health



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著者:Rosen, Jennifer A. (EDT)/ Wirshing, Donna A., M.d. (EDT)

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Written by a multidisciplinary group of psychiatrists, endocrinologists, pharmacists, and dietitians, this handbook is a practical guide to the prevention and management of diabetes in patients with mental illnesses. Chapters examine the prevalence of diabetes in patients with various mental illnesses. Close attention is given to the link between psychotropic medications—including antidepressants, mood stabilizers, and second-generation antipsychotics—and the development of obesity, diabetes, lipid abnormalities, and other metabolic disorders. The book offers guidance on nutritional and other interventions for preventing obesity and diabetes and on monitoring and management of patients with diabetes. An appendix provides useful patient education handouts.

作者介绍:

目录:

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