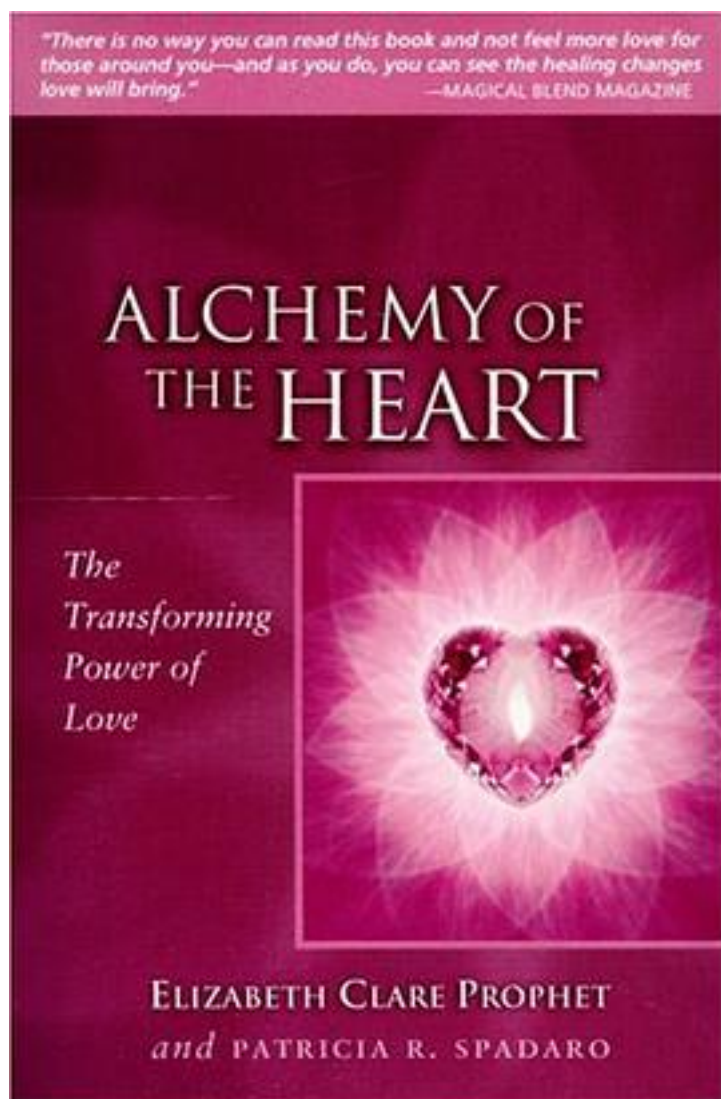


Alchemy of the Heart



[Alchemy of the Heart 下载链接1](#)

著者:Michael Brown

出版者:

出版时间:2008-5

装帧:

isbn:9781897238370

The causal point of the things that occur in our everyday experience

isn't in the actions of others, but within each of us. During our early years, we are imprinted by the emotional condition of those responsible for us. Their emotional state overlays the essence of who we are, so that we learn to behave like them instead of growing up to be ourselves. In *Alchemy of the Heart*, we are asked to become conscious of the ways we were imprinted and how these imprints drive our behavior. Our guide in achieving this is the heart and the language of felt-perception. Through this language, the heart enables us to re-parent ourselves and frees us to love unconditionally. This journey is about allowing ourselves to feel life--to be present and awake in each moment, so that we really experience everything. It is the chance to participate actively, responsibly, and creatively in our lives.

作者介绍:

目录:

[Alchemy of the Heart_ 下载链接1](#)

标签

评论

[Alchemy of the Heart_ 下载链接1](#)

书评

[Alchemy of the Heart_ 下载链接1](#)