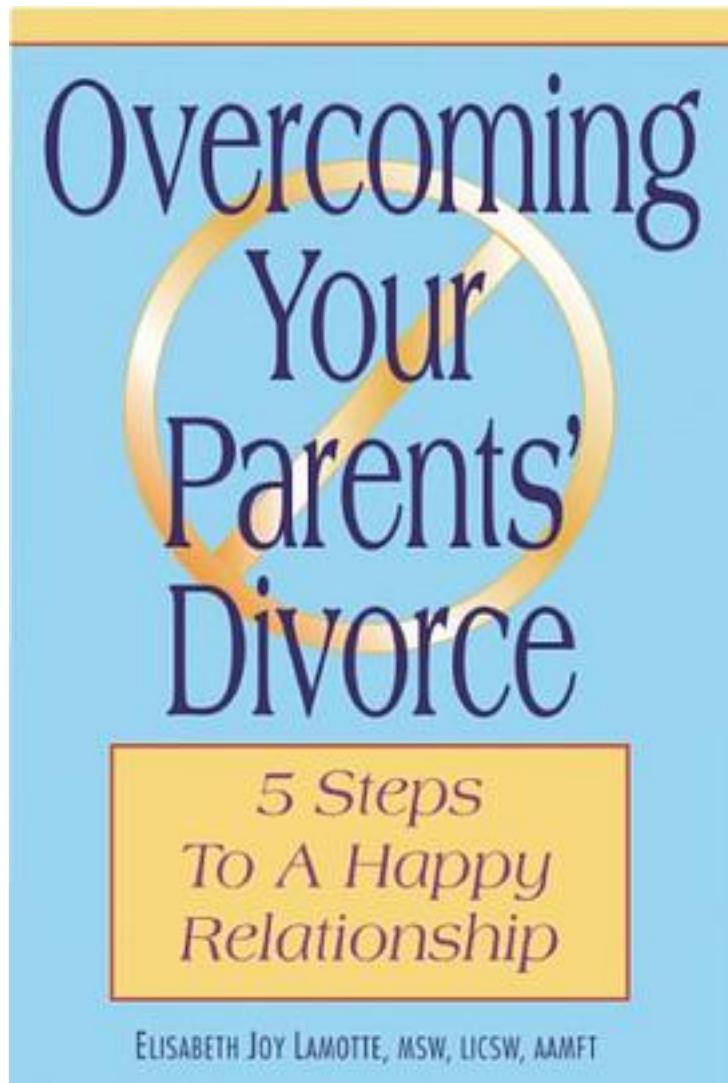


# Overcoming Your Parents Divorce



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Experts predict that children of divorce are fated to be unlucky in love, as divorce can shatter a young person's beliefs about the sanctity of marriage. In addition, maintaining healthy relationships with both parents may seem completely out of reach to children of divorcees. In Children of Divorce author Elisabeth Joy LaMotte offers a brighter future, providing readers with five essential steps for building and maintaining meaningful relationships and proves the experts wrong. She tackles issues like the fear of commitment and explores both the trauma and the hidden opportunities of divorce. She highlights the most common pitfalls faced by children of divorce and shows readers how to avoid making the same mistakes as their parents. Although primarily directed at young adults whose parents are divorced, this book is also useful for young adults whose parents were unhappily married and chose to remain together and parents struggling with the possibility of a divorce.

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