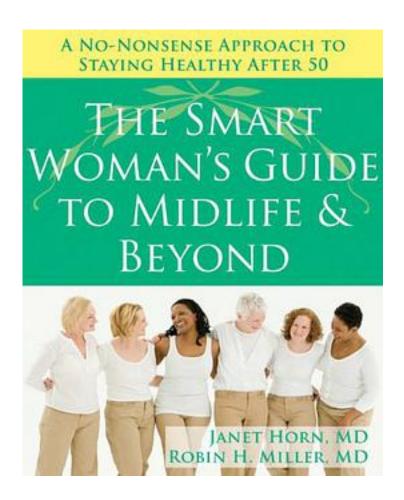
The Smart Woman's Guide to Midlife and Beyond



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Dr. Robin Miller and Dr. Janet Horn met on the first day of their fellowships at the Johns Hopkins Hospital in 1983 and have been friends ever since. Both women have thriving careers in medicine, and have concentrated on the health needs of women of their generation - the baby boomers. The authors developed the idea for this guide in an

effort to meet their own needs and those of their patients. Their personal experiences, and those of their women patients, have allowed them to choose the most relevant and practical information for their inquisitive generation. Owing to their professional expertise, the authors are well qualified to give scientifically-based medical information that is understandable, current, and useful. And, because they know what their fellow baby boomer women like to read, they have written that information in an informal, unintimidating, and humorous style.
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