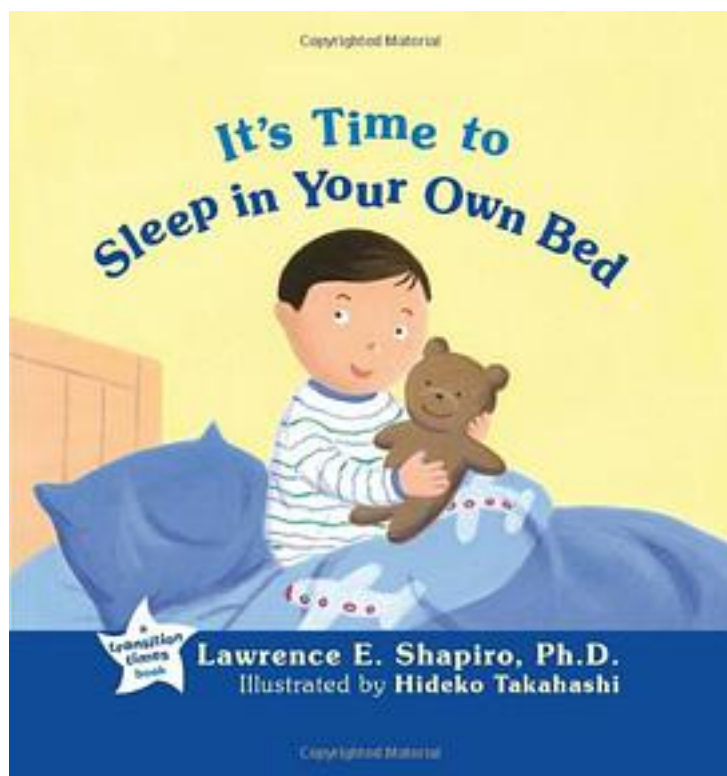


# It's Time to Sleep in Your Own Bed



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著者:Shapiro, Lawrence E.

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In this book, children learn that sleeping in their own bed makes them feel more grown-up and more independent. This book includes helpful advice and tips for parents to deal with this problematic situation. Growing up is hard, but when children have to give up the things they love most - like sleeping in their parents' bed - a perfectly good day can turn into a catastrophe! Transition Times is a concept of internationally known child psychologist and parenting expert Lawrence E. Shapiro, who has written a series of books to help children through their trying transition times, including: giving up their pacifier, sleeping in their own bed, using words to

communicate, and sitting still in their own chair. For most of today's parents, raising young children is the central part of their lives. Bonding and attachment is rightfully a primary concern, but many parents ignore the fact that limit-setting and age-appropriate expectations are also an important part of raising happy and healthy children. Where previous generations might have simply said 'no', today's parents are looking for less confrontational ways to guide their young children through the trials and travails of growing up.

作者介绍:

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