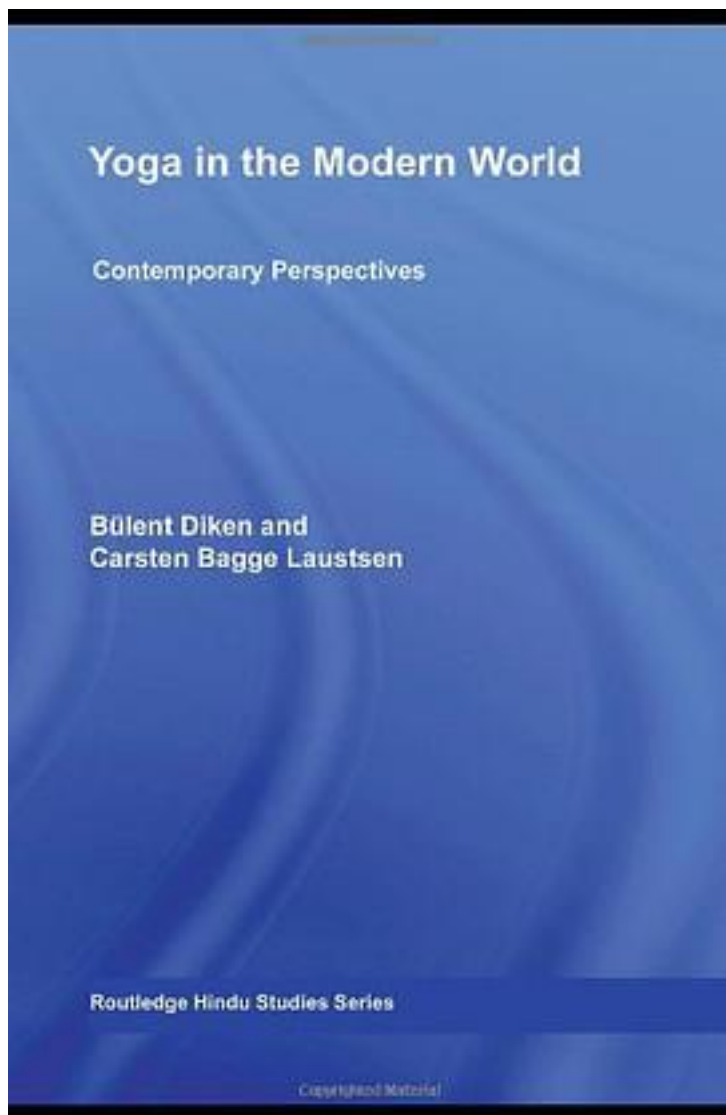


Yoga in the Modern World



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Today yoga is a thoroughly globalised phenomenon. Yoga has taken the world by storm and is even seeing renewed popularity in India. Both in India and abroad, adults, children and teenagers are practicing yoga in diverse settings including: gyms; schools; home; work; yoga studios; and, temples. The yoga diaspora began well over a hundred years ago and we continue to see new manifestations and uses of Yoga in the modern world. As the first of its kind this collection draws together cutting edge scholarship in the field, focusing on the theory and practice of yoga in contemporary times. Offering a range of perspectives on yoga's contemporary manifestations, it maps the movement, development and consolidation of yoga in global settings. This collection features some of the most well-known authors within the field and newer voices. The contributions span a number of disciplines in the humanities, including, anthropology, Philosophy, Studies in Religion and Asian studies, offering a range of entry points to the issues involved in the study of the subject. As such, is of use to those involved in academic scholarship, as well as to the growing number of yoga practitioners who seek a deeper account of the origin and significance of the techniques and traditions they are engaging with. It will also - and perhaps most of all - speak to the growing numbers of 'scholar-practitioners' who straddle these two realms.

作者介绍:

目录:

[Yoga in the Modern World_下载链接1](#)

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