

Mary Wigman



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"Routledge Performance Practitioners" is a series of introductory guides to the key theatre-makers of the last century. Each volume explains the background to and the work of one of the major influences on twentieth and twenty-first-century performance. A dancer, teacher and choreographer, Mary Wigman was a leading innovator in expressionist dance. Her radical explorations of movement and dance theory are credited with expanding the scope of dance as a theatrical art in her native Germany and beyond. This book combines for the first time: a full account of Wigman's life and work; detailed discussion of her aesthetic theories, including the use of space as an 'invisible partner' and the transcendent nature of performance; a commentary on her key works, including "Hexentanz" and "The Seven Dances of Life"; and, an extensive collection of practical exercises designed to provide an understanding of Wigman's choreographic principles and her uniquely immersive approach to dance. As a first step towards critical understanding, and as an initial exploration before going on to further primary research, "Routledge Performance Practitioners" are unbeatable value for today's student.

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