

# Clinical Psychology



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Topics in Applied Psychology offers a range of accessible, integrated texts ideal for courses in applied psychology. The books are written by leading figures in their field and provide a comprehensive academic and professional insight into each topic. They incorporate a range of features to bring psychology to life including case histories, research methods, ethical debate and learner activities. Each chapter opens with learning objectives to consolidate key points. A reading list and sample essay questions at the end of chapters enable further independent study. The series also offers an appreciation of multiple perspectives, examines the relationship between psychology and other cognate disciplines and discusses recent developments in each field. Topics in Applied Psychology will provide you with the tools you need to engage with, enjoy and understand your applied psychology discipline, ultimately ensuring confidence and success in exams as well as a comprehensive grounding in the profession. Clinical Psychology provides an overview of both the academic and professional aspects of this field. The book is split into five clear sections: background, working with children and families, adult mental health, clinical neuropsychology and learning disabilities. Section one answers the question, what is clinical psychology?, explains the general principles of clinical practice and outlines the structure of current mental health service provision. Section two covers mental health issues involving

work with children and families, such as childhood anxiety and depression and autistic spectrum disorders. Section three looks at adult mental health problems, such as anxiety, eating and personality disorders, depression, psychosis and their treatment. Sections four and five treat clinical neuropsychology and learning disabilities. Evidence-based research is included throughout to provide a balanced view of current theories addressing the origins of psychopathology, and treatments and interventions are evaluated to provide a broad and balanced view of the field. The integrated and interactive approach, combined with the comprehensive coverage, make this book the ideal companion for courses in applied clinical psychology. Other books in the series include: Criminal Psychology, Educational Psychology, Health Psychology, Organizational and Work Psychology and Sport and Exercise Psychology.

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