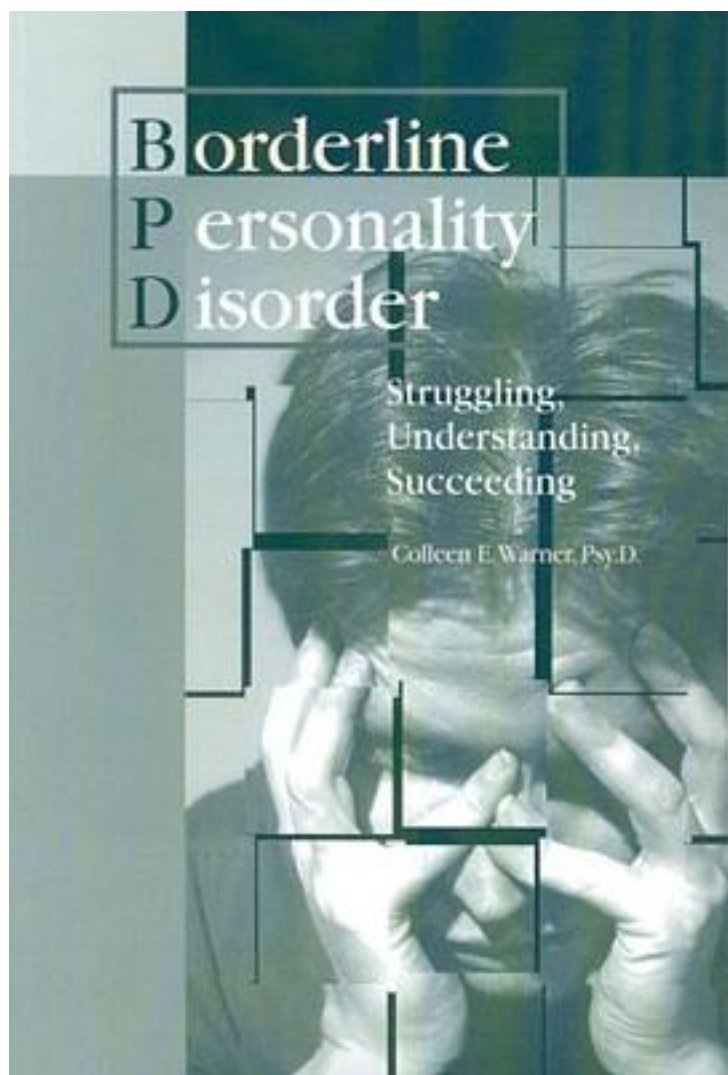


Borderline Personality Disorder



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Covering the range of clinical presentations, treatments, and levels of care, "Borderline Personality Disorder: A Clinical Guide, Second Edition" provides a comprehensive guide to the diagnosis and treatment of borderline personality disorder (BPD). The second edition includes new research about BPD's relationship to other disorders and up-to-date descriptions of empirically validated treatments, including cognitive-behavioral and psychodynamic approaches. Compelling research also indicates a much better prognosis for BPD than previously known. A pioneer in the field, author John Gunderson, M.D., director of the Borderline Personality Disorder Center at McLean Hospital, draws from nearly 40 years of his own research and experience. The guide begins with a clear and specific definition of BPD and provides an in-depth description of multiple modalities of treatment, including pharmacotherapy, family therapy, and cognitive-behavioral therapies. Gunderson outlines therapeutic approaches for multiple settings, such as hospitalization, partial hospitalization programs, and outpatient care. Complementing the well-organized treatment guide are a series of informative sidebars, recommending specific do's and don'ts for disclosing the diagnosis, discussing medications, meeting with families, and managing suicidality. A synthesis of theory and practical examples, "Borderline Personality Disorder: A Clinical Guide, Second Edition" provides a thorough and practical manual for any clinician working BPD with patients.

作者介绍:

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