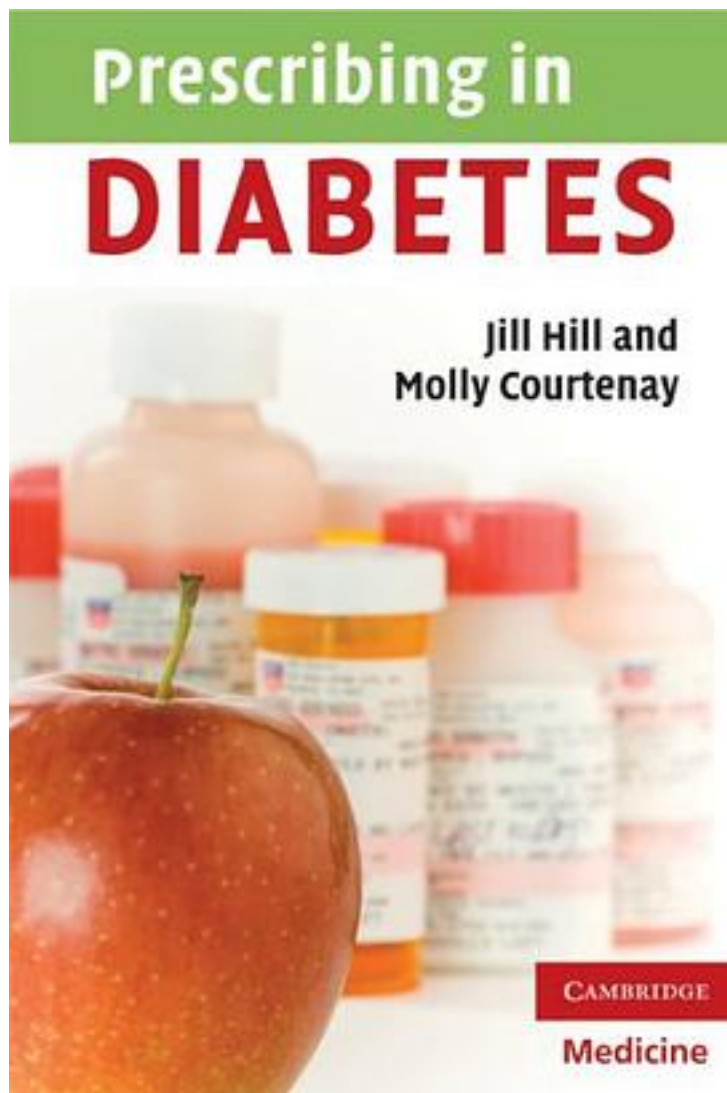


# Prescribing in Diabetes



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出版者:

出版时间:2008-5

装帧:

isbn:9780521713351

The effective management of diabetes can delay or even prevent the development of complications. Patients will often need to take a variety of medications, in addition to embracing lifestyle changes, to achieve this. Prescribing in Diabetes gives clear information about the options for treating the various aspects of diabetes, such as abnormal blood glucose, high blood pressure and abnormal cholesterol. It also gives practical advice on how to support people in managing their problems independently and improve their lifestyle, by making better choices armed with a thorough understanding of the condition and options for treatment. Chapters cover the range of methods available for the delivery of medicines to patients, the differences between type 1 and type 2 diabetes and an overview on how the drugs work. The book also discusses normal blood glucose regulation, self-monitoring, weight management, smoking cessation and the management of the most common complications.

作者介绍:

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