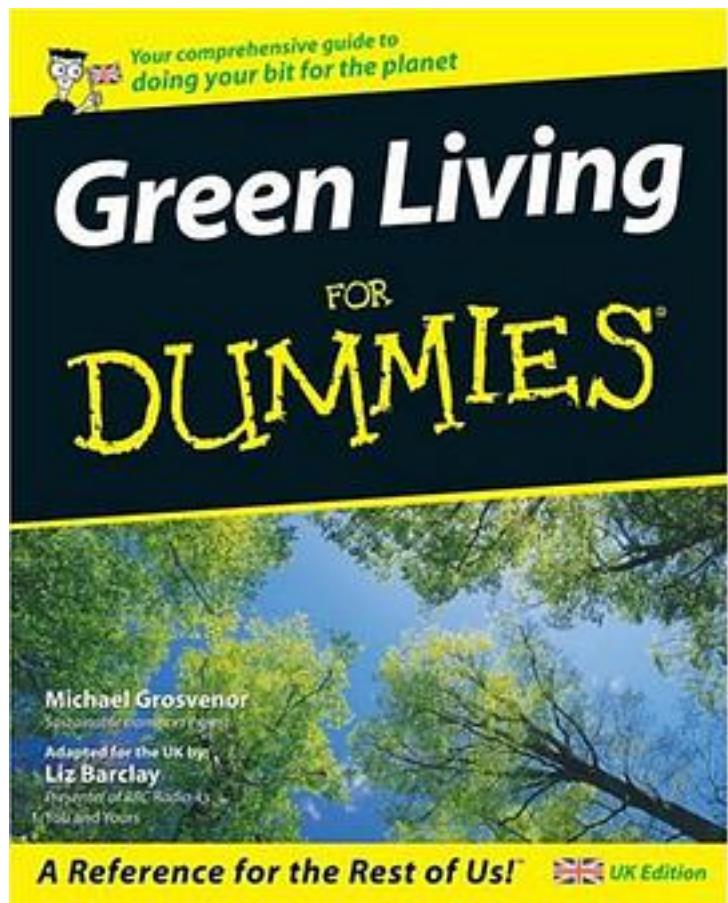


# Green Living for Dummies



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Features strategies to apply green principles in your daily life Minimize your impact on the world and enjoy a green lifestyle Want to join the worldwide environmental initiative? This practical guide is packed with realistic ways to help the environment and create a better home for you and your loved ones, from reducing energy use and

waste and scaling back reliance on your car to making a difference in your diet, at work, and in your community. You'll see how green living affects the environment--and why going green is great for your well-being Discover how to: Make eco-friendly home improvements Work greener transportation into your lifestyle Eat locally and organically Repair, restore, and reuse

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