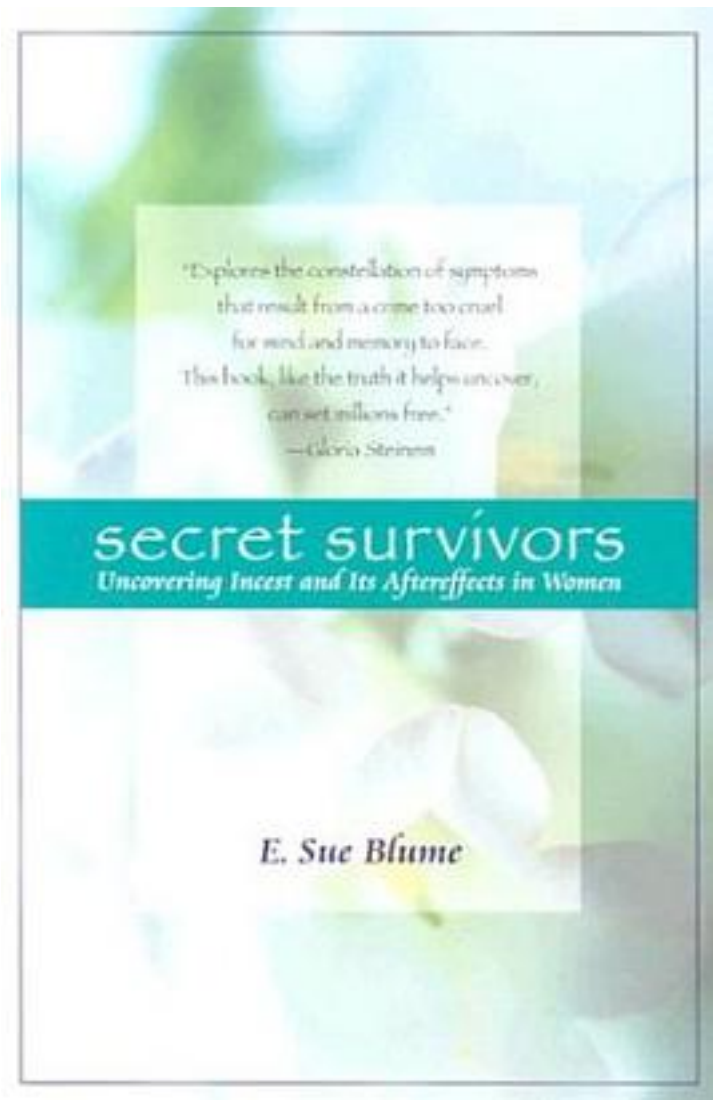


Secret Survivors



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Everyone has secrets. Some you might whisper into a friend's ear, while others may stay locked inside you for years...maybe even forever. It's those secrets that you tuck away that eventually control you. You may think you're okay, but really, your secrets can be tearing you apart from the inside out. Secret Survivors tells the compelling, true stories of people who have lived through painful secrets---things that they kept to themselves until they could no longer bear the pain alone. As you read their stories, you'll be drawn into their journeys towards healing, and you'll understand why it's so important to share your secret with someone else in order to start your own healing process. Read the stories of people, who as teens and young adults, dealt with issues like: *Date rape *Physical abuse *Cutting *Pornography addiction *Eating disorders *Incest *Drug and alcohol addiction *Abortion You may find a story that sounds similar to your own secret pain, or you may learn more about secrets that a friend or family member is dealing with. Whether your own story is represented in these pages or not, you'll feel a connection to the people in these stories, because we all have some kind of pain tucked away. But you don't have to feel alone in your pain anymore. After you read the stories of these survivors, you'll find the strength you need to share your own secret and start healing your heart and soul.

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