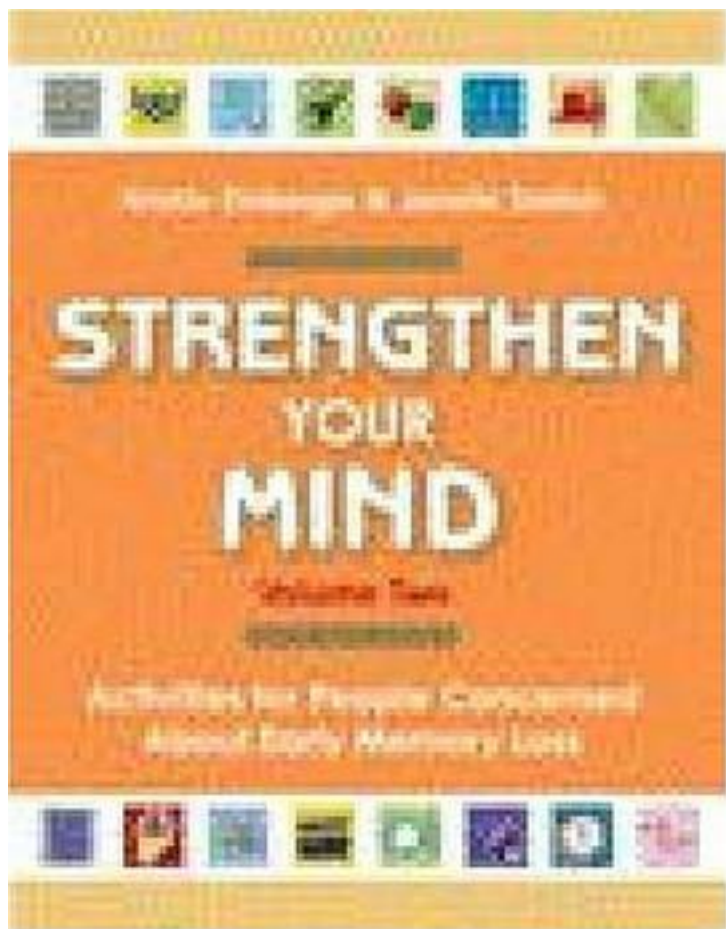


Strengthen Your Mind



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A follow-up to the best-selling first volume of activities These 87 all-new worksheets use trivia, reminiscence, and sensory stimulation to promote mental capacity and social engagement in older adults. Organized into three themes (People, Places, and

Things), matching and fill-in-the-blank worksheets (answer keys provided) focus on famous people, popular television and movies, household goods, and geography. The activities can be used in group settings or by individuals.

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