

Soul to Soul



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著者:Zukav, Gary

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In Soul to Soul , Gary Zukav, author of the monumental bestseller The Seat of the Soul , addresses some of the most significant questions about the human experience -- from "Why is life so difficult?" to "How can I learn to trust?" -- with profound answers that are of truly universal value. With the publication of his revolutionary work The Seat of the Soul , Zukav emerged as an important leader in the world of spiritual development, and it became one of the all-time successful books of its kind. Each of Zukav's subsequent books, all of them bestsellers in their own right, has explored different aspects of that seminal work, offering detailed explanations and practical applications of his original vision. Soul to Soul represents a giant step forward in the expression of his work, providing penetrating insights that illuminate our lives. It is divided into two sections. Part One, "Soul Subjects," consists of fifty brief, perceptive, and compelling chapters that encourage us to examine our own experiences in new and perhaps life-changing ways. Part Two, "Soul Questions," is different from anything Zukav has written before. Combining profound spiritual and psychological insights, Zukav answers nearly one hundred important questions about life. Each chapter ends with a challenge to readers to experiment with the insight that has been given and make it their own. "Soul Questions," which spans the full range of Zukav's vision, asks: Do we have a destiny? Can you prove that life exists after death? What is the meaning of

dreams? How can I love without fear? What is the role of soul in my life? How does a person know what he was put on Earth to do? How can I forgive someone who betrays me again and again? How can I really change? Does the Universe care about us? Soul to Soul is profoundly simple, wise, and poetic, a book to treasure and return to again and again for guidance and inspiration.

作者介绍:

加里-祖卡夫 (Gary Zukav)，美国著名心理畅销书作家和心灵导师。毕业于哈佛大学。当过美国陆军特种部队军官。是著名电视节目奥普拉秀的常客。加里-祖卡夫著有多部畅销书。连续30多次占据《纽约时报》畅销书排行榜第一名，并连续三年高居此排行榜前列。其著作《物理大师之舞：新物理学概要》获美国国家图书奖；《灵魂所依》曾获《纽约时报》畅销书排行榜第一名；另著有畅销书《灵魂的故事》，等等。他的书已经销售了500万册以上，并被译成24种语言。目前，他与精神伴侣琳达-弗朗西斯居住在俄勒冈州。

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