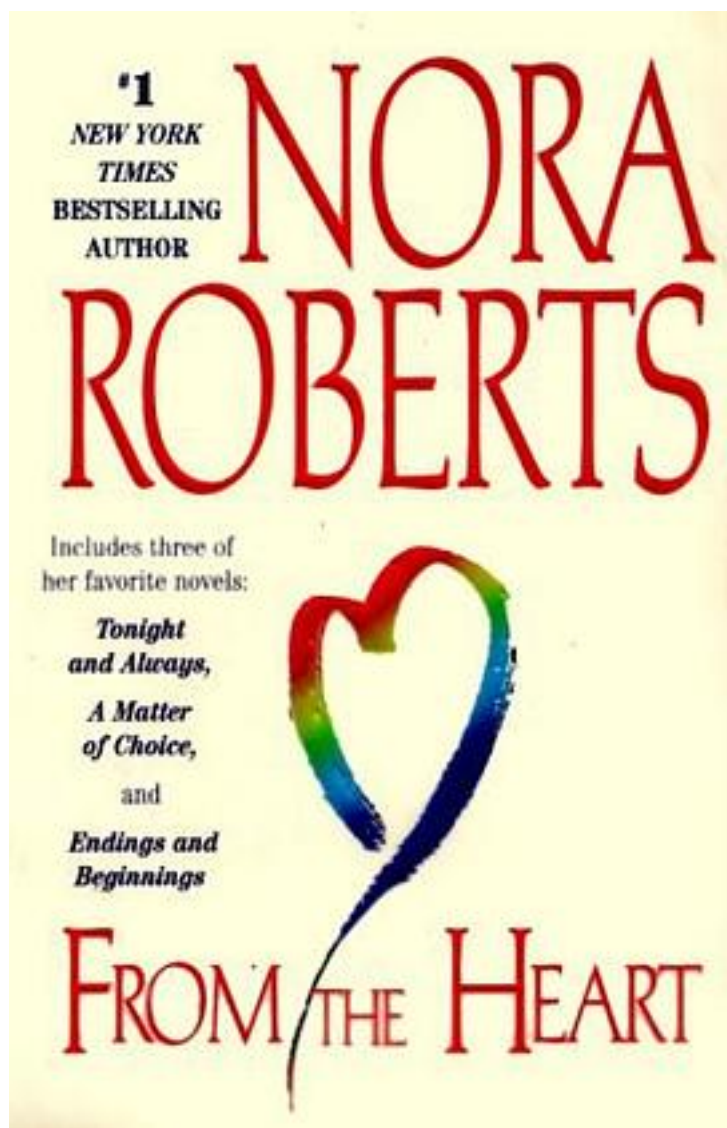


# From the Heart



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Robin Roberts didn't get where she is today by luck of the draw. From her childhood in Mississippi, to her becoming a college basketball star, ESPN host, and coanchor of Good Morning America, Robin's faith and deep rooted belief in the importance of staying true to one's self guided her through her incredible journey to the top. She has long credited seven roles with keeping her on the path to fulfillment and success—but after being diagnosed with breast cancer in the summer of 2007, she has added the all-important eighth rule of early detection. Noted for her trademark down-to-earth style and warmth, Robin sees her faith, family, and fundamental values as the cornerstones of her emotional and professional achievement. In this little book with a big heart, Robin imparts her valuable wisdom through personal stories and inspirational reflections on how you can be your best self.

作者介绍:

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