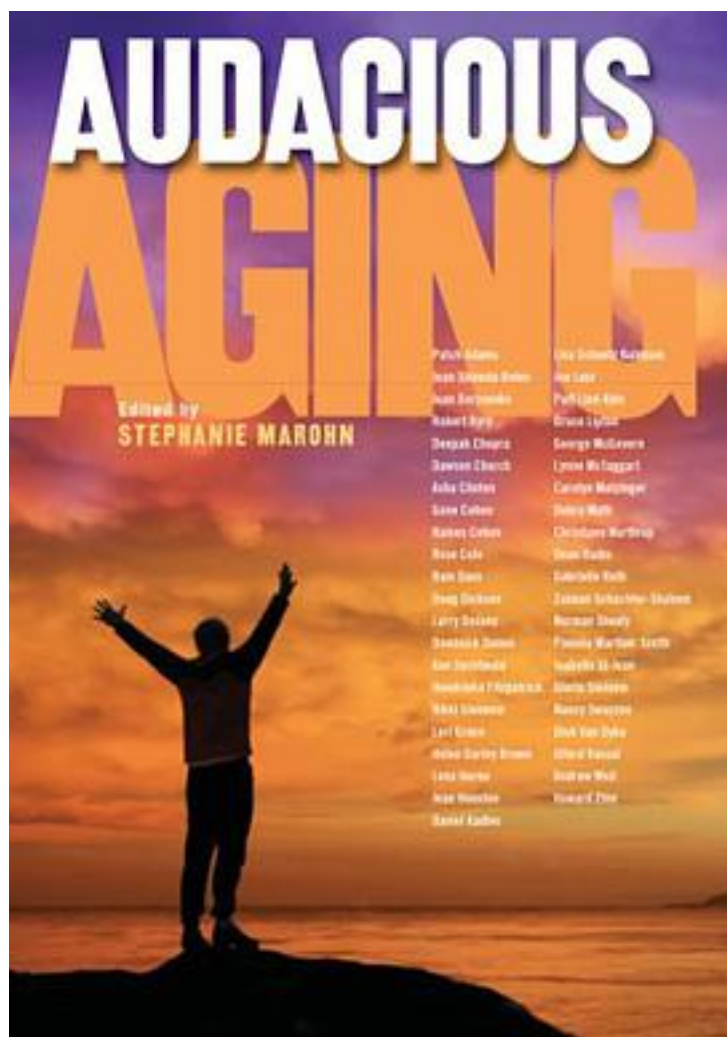


# Audacious Aging



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A new generation is evolving together through the passage of eldership. In Audacious

Aging , we collect their voices, full of wisdom, fierceness, compassion and gentleness. They are the graceful and eloquent transformative agents our communities and our planet are now seeking. This book brings together voices from medicine, psychology, business, government, the media, and entertainment, to articulate a brilliant new vision of the possibilities of the second half of life. Some are in their nineties, others are in their twenties, yet they share a common vision of aging. Not content with "going gently into that good night," they all see midlife and beyond as a gateway to changing the planet, and accelerating their personal transformation. They expect to live long, healthy, active and influential lives. They are profoundly engaged at the crossroads of crises and opportunities on Earth, and in this inspiring book, they paint a brilliant new picture of the opportunities that come with aging audaciously.

作者介绍:

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