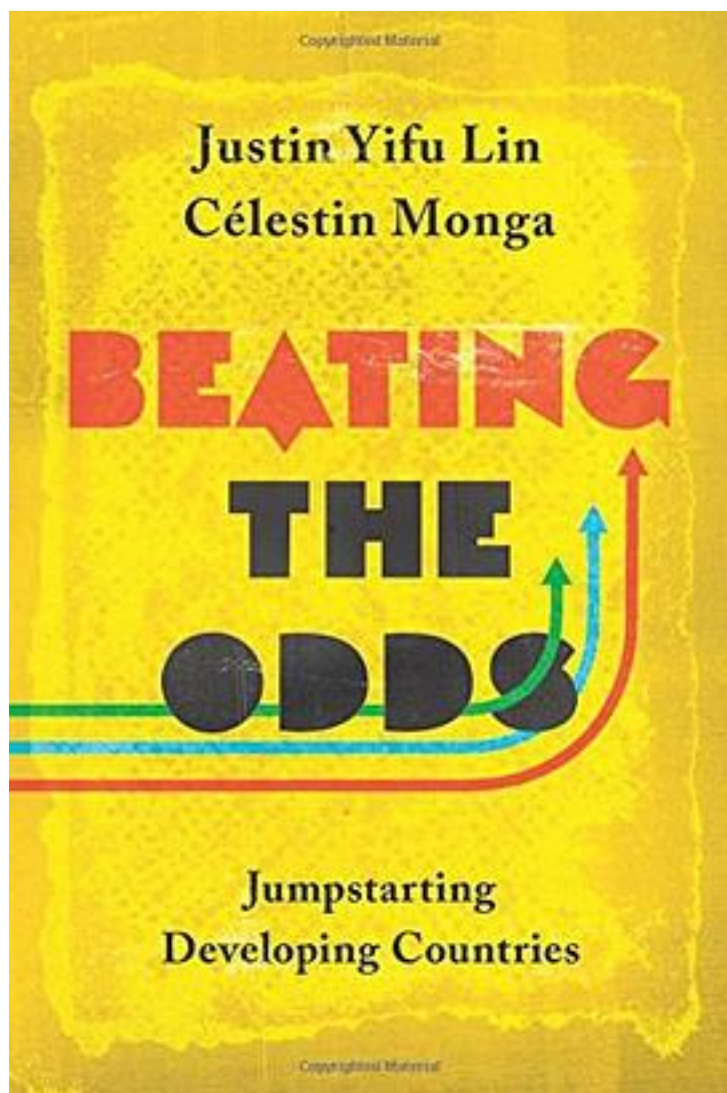


Beating the Odds



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This book details the troubles and triumphs of 75 well-known individuals from a range of backgrounds and professions. Some of the most successful people in our society have overcome great odds in order to achieve their dreams. Through courage and persistence, they have triumphed over a range of adversities and serve as models for individuals faced with similar circumstances. This book profiles the struggles and accomplishments of 75 such individuals from all walks of life. Each entry highlights the physical, psychological, social, or economic struggles of the person and discusses how the person won their battle against adversity. Among those profiled are: Mitch Albom; Roseanne Barr; Sandra Cisneros; Hillary Clinton; Pat Conroy; Michael J. Fox; Magic Johnson; Stephen King; Greg Louganis; Jessica Lynch; Colin Powell; Salman Rushdie; Martin Sheen; Henry Winkler; and many more. The volume closes with an historical timeline, a list of films related to the achievements of these superstars, and a general bibliography. In addition to inspiring people to succeed against all odds, the book promotes respect for diversity and explores a host of social issues related to religious prejudice, eating disorders, medical conditions, poverty, and other concerns. This book profiles 75 individuals and discusses how they overcame adverse circumstances. It uses examples of celebrities to help readers formulate approaches for overcoming adversity in their own lives. It also cites useful print and electronic resources for further reading.

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