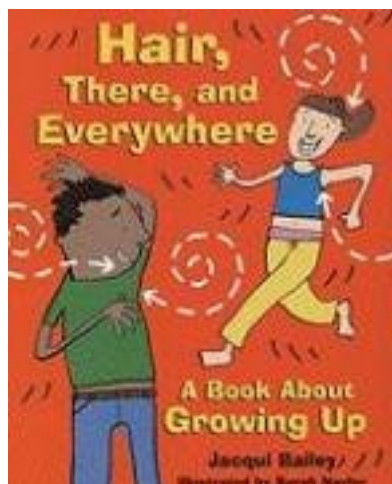


Hair, There, and Everywhere



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This cheerfully illustrated book takes a light approach in offering proverbial advice and basic instruction to boys and girls entering puberty. Full-color cartoon-style illustrations and straightforward text explain conception, pregnancy, and birth. The author also gives special focus to the experience of puberty, pointing out that it is entirely normal for kids entering their teen years to be confused by the physical changes and new feelings that take place in their bodies. She explains these changes with separate chapters that apply to boys only and girls only. She also discusses the discovery of sexual feelings between boys and girls, and reassures kids about feelings of shyness when facing prospects of dating and other social encounters. Finally, she advises young adults on maintaining healthful diets and getting regular exercise to sustain healthy bodies. The book concludes with a list of Web sites that offer advice to teens, a brief glossary of related words kids might be unfamiliar with, and an index. Line illustrations on every page.

作者介绍:

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