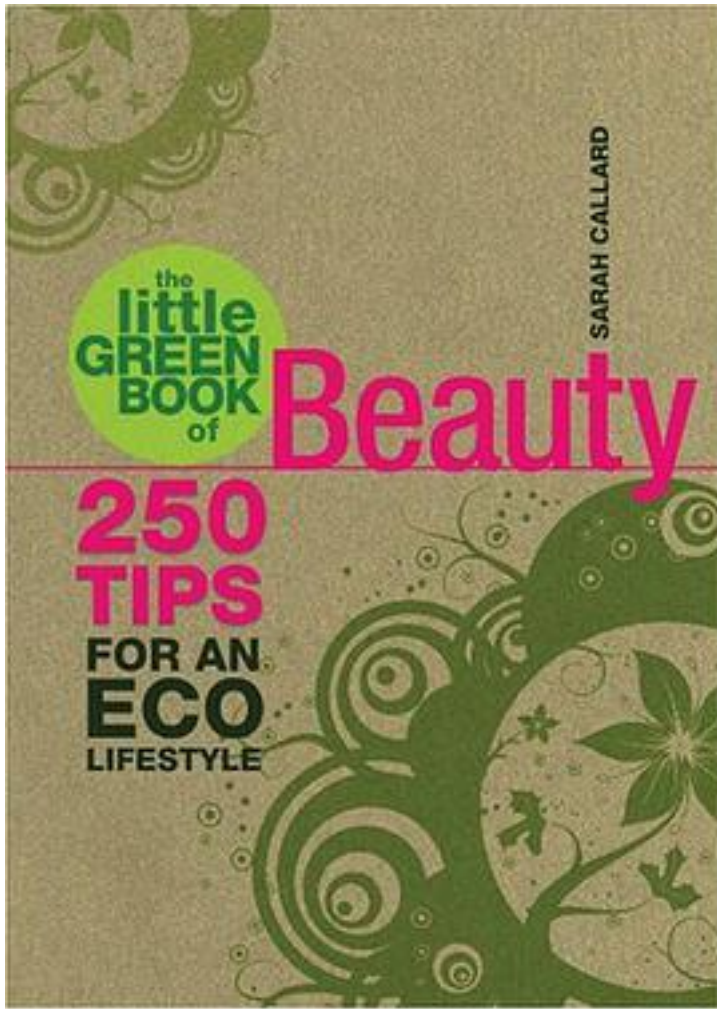


The Little Green Book of Beauty



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著者:Callard, Sarah

出版者:

出版时间:

装帧:

isbn:9781847320698

One of six titles in the Little Green Book series, here you will learn how to make choices

that affect not only your own life but the planet as a whole. Containing 250 tips on cosmetics, grooming products and treatments, The Little Green Book of Beauty offers tips on packaging, ingredients, organics, toxins, animal testing and ethical issues. From how to read product labels and avoid toxins to statistics on carcinogens and why choose non-aluminium anti-perspirants, here are tips that are necessary for your wellbeing as well as the planets.

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