## No Mind Left Behind



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From the cutting edge of brain science, eight crucial skills for children's future success—now in paperback.

From a clinical psychologist who has devoted his clinical and research work to the study of executive control skills, here is a program for helping children master the eight essential cognitive skills that are critical for success in life in work:

- Taking initiative
  Screening out distractions
- Organizing
  Thinking flexibly
- Planning Regulating emotions
- Self-monitoring
  Using memory effectively

Using case studies and anecdotes, Dr. Cox presents a comprehensive and practical plan for parents. The book addresses special-needs children as well as neurotypical children, and includes practical suggestions for parents and educators.

作者介绍:
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