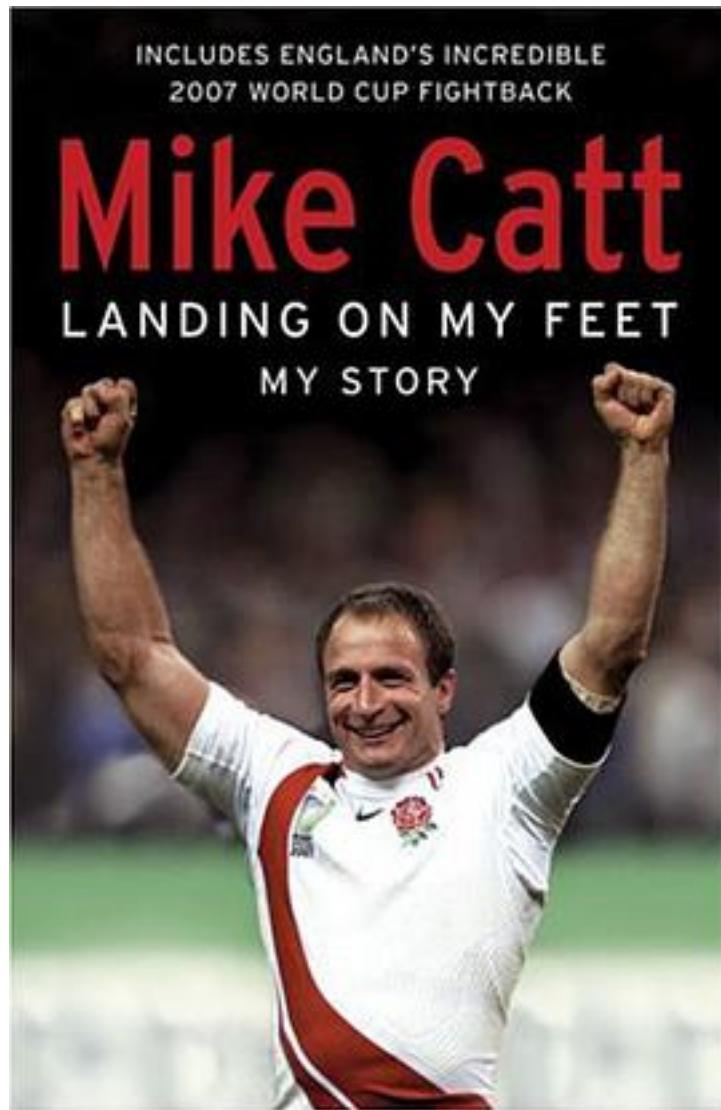


# Landing on My Feet



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著者:Catt, Mike

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On 20 October 2007, Mike Catt MBE made history by becoming the oldest player to appear in a World Cup Final. It was also to be his last game for England in an international career stretching back 14 years in which he was awarded 75 caps. The occasion, England against South Africa completed an extraordinary renaissance for the then 36-year-old whose international career had appeared to be over after he helped England win the 2003 World Cup in Australia. Earlier in 2007 he was not only recalled but appointed captain by head coach Brian Ashton. For a player famously run over by Jonah Lomu in the 1995 World Cup, it was a remarkable comeback. In *LANDING ON MY FEET* Catt gives unprecedented access to his personal highs and lows and takes a look at the glorious highlights and the difficult setbacks of his professional career. *LANDING ON MY FEET* is a refreshingly honest and personal story of fourteen years at the top of international and club rugby, from one of the most distinguished and respected players in the game.

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