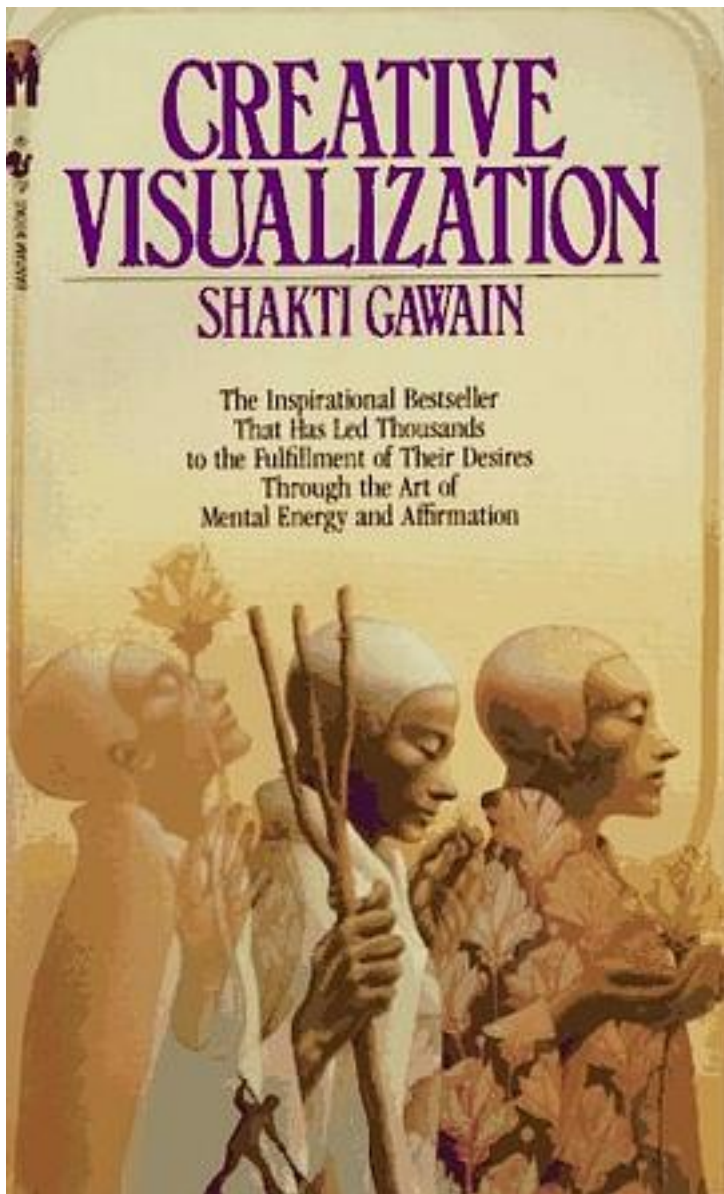


Creative Visualization



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著者:Gawain, Shakti

出版者:Perseus

出版时间:2008-10

装帧:

isbn:9781577316367

Creative visualization is the art of using mental imagery and affirmation to produce positive change in your life. Successfully used in the fields of health, business, the creative arts, and sports, it can have an impact in every area of your life. This pioneering bestseller and perennial favorite helped launch a new movement in personal growth.

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