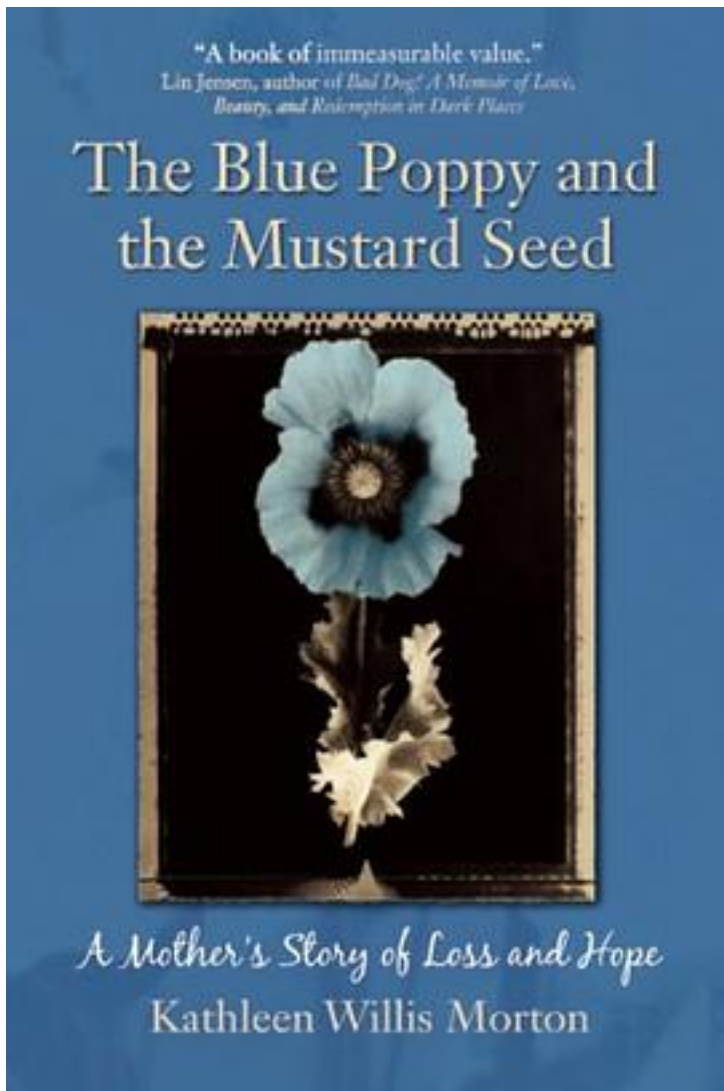


The Blue Poppy and the Mustard Seed



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Katie Morton's son Liam was born with profound brain damage. When he died six-and-a-half weeks later, she searched for answers in books on grief and coping, but none seemed to address her situation. Without completely understanding why, Morton embarked on a wider search for solace. *The Blue Poppy and the Mustard Seed* takes readers along as she travels to foreign lands to illuminate her inner journey through emotional highs and lows. She interweaves what she witnesses — simple rituals like children's baths and picnics, and rites of passage like birth and death — with her own progress. In the process she discovers that the pain she has experienced is both unavoidable and necessary, a pivotal part of the process of healing that can lead to "a victorious kind of joy, of acceptance." In discovering herself, Morton shows readers suffering from similar tragedies how to endure world-shattering pain and come out whole.

作者介绍:

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