

# Get Yours!



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Hey girlfriend, what do you dream of?

Do you want more from your job, your man, your life? In this insightful guide, Amy DuBois Barnett, former editor-in-chief of Harper's Bazaar and Teen People, shows you how to GET YOURS... today, this year, and forever! With humor and honesty, Amy shares her own story of transformation from awkward, insecure people-pleaser to strong, independent woman. She reveals the personal philosophy that has allowed her to look and feel amazing, find love, and achieve history-making professional success.

Weaving together intimate anecdotes, exclusive celebrity interviews, thought-provoking quizzes, and brilliant-but-basic tips, tricks, and tools, Amy gives you the insight and encouragement to:

Identify and pursue your true passions.

Let go of any negativity that's holding you back.

Find the man of your dreams—and build a lasting relationship.

Achieve your professional goals and accumulate real wealth.

Get the body you've always wanted.

Figure out your personal style and nurture your creative talents.

Form unbreakable bonds with your family, your friends, and your higher power.

Enjoy life and make every day count!

Get Yours! is your personal guidebook to a lifetime of happiness, love, success, and fulfillment.

作者介绍:

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