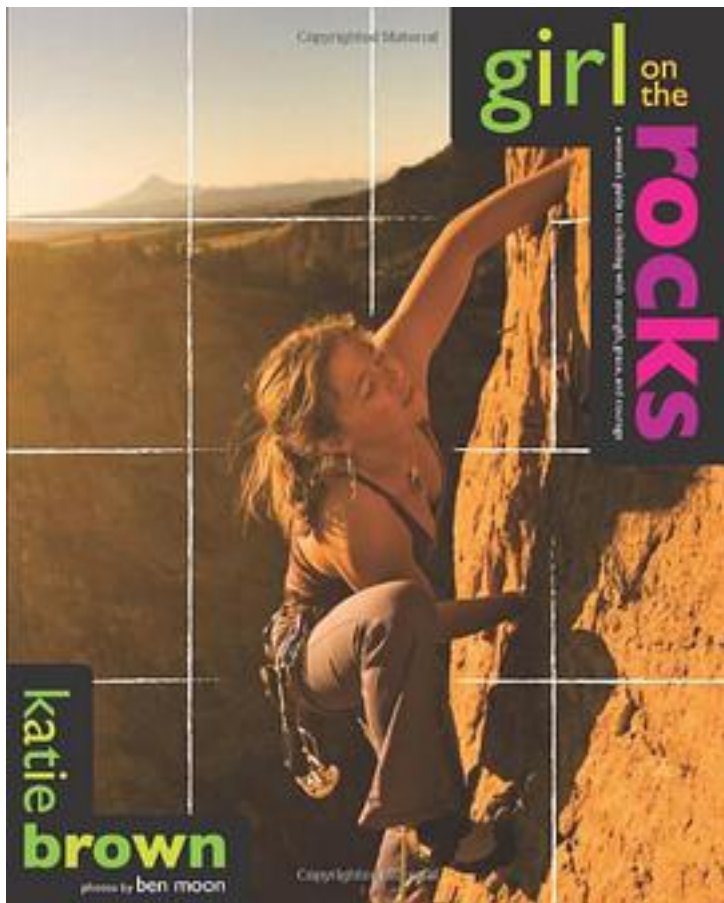


# Girl on the Rocks



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Girl on the Rocks is designed to inspire women intrigued by the sport, but intimidated by its male dominance and stereotype as "extreme;" to instruct women on technique, strength, and mental agility from a woman's perspective; and to empower women to climb harder and with more courage. Written for any woman interested or involved in

the sport, Girl on the Rocks will inspire, instruct, and empower women of all ages and ability to get psyched and climb on.

作者介绍:

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