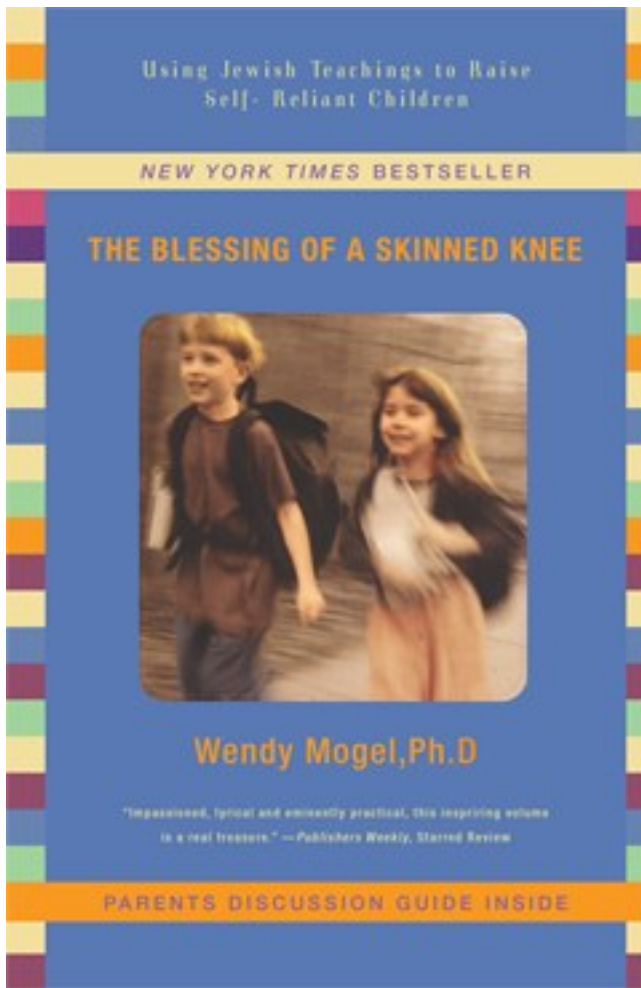


# The Blessing of A Skinned Knee



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Nationally known clinical psychologist and lecturer Wendy Mogel's sage reflections on raising children in a world where entitlement and competition abound have struck

a chord with thousands of readers. In a culture whose values are often at odds with the ones parents wish to uphold and instill, *The Blessing of a Skinned Knee* points the way to raising self-reliant, compassionate and ethical children.

With warmth and humor, Mogel distills the wisdom of the Torah, the Talmud, and important Jewish teachings, as well as contemporary psychological insights, into nine “blessings” that address key parenting issues such as:

- \* Teaching respect for adults
- \* Chores
- \* Keeping expectations in line with your child’s temperament
- \* Meal-time battles
- \* Coping with frustration
- \* Avoiding over-scheduling and overindulgence
- \* Helping your child develop independence and self-control

A practical and refreshing antidote to anxious over-parenting, *The Blessing of a Skinned Knee* is itself a blessing.

作者介绍:

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