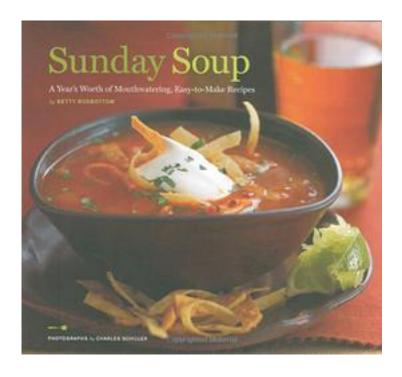
## Sunday Soup



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A soothing, flavourful bowl of spicy chilli, rich gumbo, blissful bisque, or steaming chowder is always welcome at mealtime. And Sunday is the perfect day to enjoy it, when you've had a chance to slow down a bit after a busy week and spend a little time in the kitchen, preparing a heart-warming meal for friends and family. "Sunday Soup" features 60 recipes (one for each Sunday and then some!) that take advantage of the natural bounty each season brings. Fall blows in with windy days that are perfect for enjoying Tortilla Soup with Chicken, Lime and Smoked Chillies, while a rich Gulf Coast Shrimp Gumbo is best for staving off the winter cold. Welcome the bounty of spring vegetables with Dreamy Creamy Artichoke Soup. When it's summer and too hot to even consider turning on the stove, chill out with Icy Cucumber Soup with Smoked

Salmon and Dill. No matter what the temperature is outside, you'll be satisfied inside all year long. Author Betty Rosbottom has also included a selection of Soup-er Sides - great side dishes that will turn your bowl into a full meal. Turkey Panini with White Cheddar and Cranberry Chutney perfectly complements the Fabulous Fall Roots Soup Roasted Pear, Walnut and Feta Salad with Baby Greens is delicious on its own, but paired with Cream of Chicken and Fennel Soup, it reaches new flavour heights. No matter what the season, "Sunday Soup" will inspire you to pull out your stockpot and start cooking.

作者介绍:		
目录:		
Sunday Soup_下载链接1_		
标签		
评论		
 Sunday Soup_下载链接1_		
书评		
 Sunday Soup_下载链接1_		