

SOS



[SOS_下载链接1](#)

著者:Medoff, Lisa, Ph.D.

出版者:Kaplan AEC Education

出版时间:2008-9

装帧:

isbn:9781427798084

With a rise in recent years in the number of students seeking mental health services, an increase in cheating behavior in school, and constant concern from parents, teachers, and especially students about academic achievement, the time is now for a book series to address academic stress. The SOS: Stressed Out Students books address a growing and often-overlooked crisis: adolescents struggle with stress, compromising their mental and physical health, personal values, and commitment to learning as they try to cope with growing pressure to achieve. In a survey released last year, 460 parents in California's Santa Clara and San Mateo counties cited school-related stress among their top concerns for their children. Based upon real-life stories and tips from teachers, students and parents, each book in the SOS series addresses a topic of utmost concern to American teenagers. SOS: Stressed Out Students' Guide to Dealing with Tests offers a life-line to students, parents, teachers, and counselors facing an ever-expanding roster of exams. From quizzes and exams in individual classes to state-mandated achievement tests to college entrance exams, the SOS guide will help

students to cope.

作者介绍:

目录:

[SOS_下载链接1](#)

标签

评论

[SOS_下载链接1](#)

书评

[SOS_下载链接1](#)