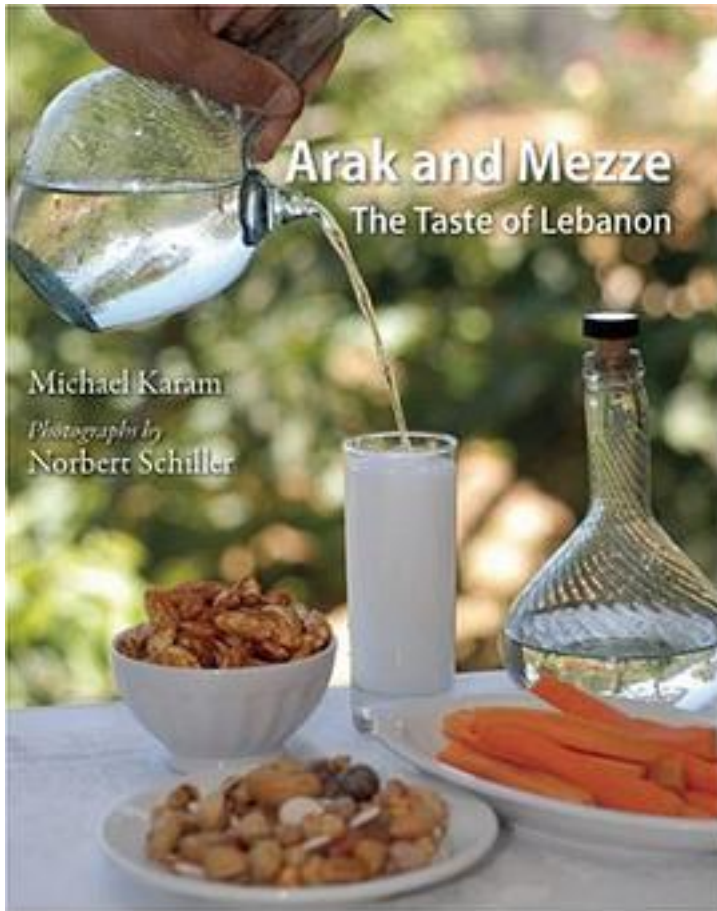


Arak and Mezze



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Michael Karam and Norbert Schiller's "Wines of Lebanon" (Saqi) won the prestigious Gourmand World Cookbook 2006 'Best in the World' award. "Arak and Mezze" celebrates two of the Levant's cherished traditions: the aniseed-flavoured spirit that inspired the great eaux de vie of Europe, and the appetizers that have become a

byword for all that is delicious and healthy in Lebanese food. Illustrated with Schiller's stunning images, it is at once a travel book, a cookbook and a social history - a book to read and savour.

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