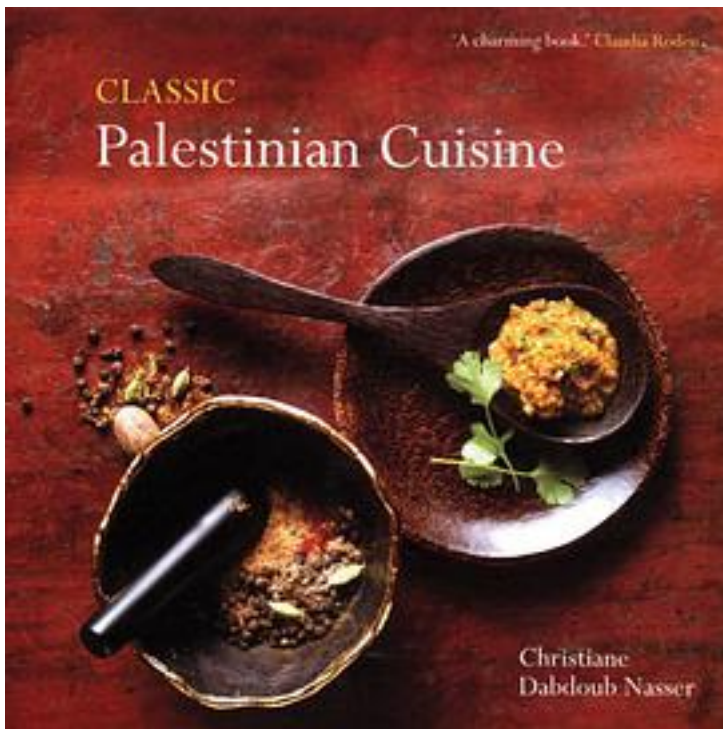


# Classic Palestinian Cuisine



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This cookbook features a rich variety of dishes characteristic of the eastern regions of the Mediterranean and their culinary cultures. It is a collection of over 100 recipes - salads, soups, one-dish meals, stews and desserts - which represent traditional Palestinian cooking but also expose possibilities for a wider and more eclectic cuisine. This is also a very contemporary cookery book, aware of the need for more health-oriented and less time-consuming recipes while preserving the heritage handed down through the generations. The culinary experience is enriched by the incorporation of anecdotes, excerpts and illustrations of cultural and celebratory traditions from different regions of Palestine.

作者介绍:

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