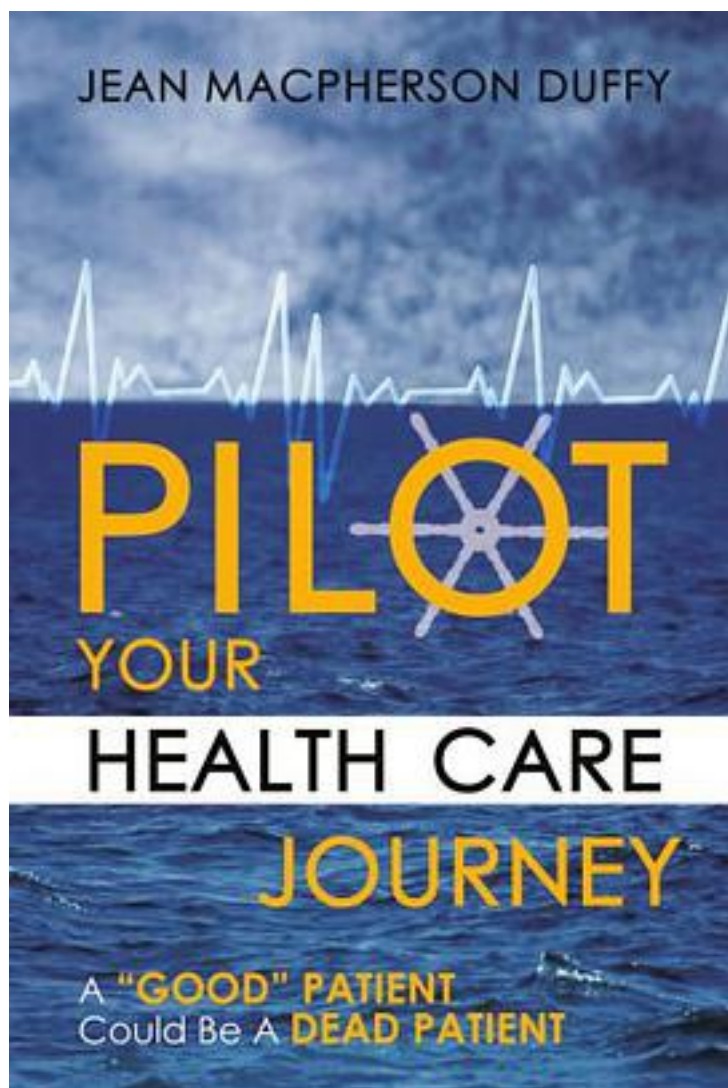


# PILOT Your Health Care Journey



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You just aren't feeling well...something is not quite right. You are more tired than usual. Occasionally, you feel twinges that are unfamiliar. A visit to the doctor is in order. After all, the doctor will have all the answers, and will be able to come up with the right diagnosis of your problem. If it is something serious, you trust that the doctor will arrange the right treatment. After all, he is the expert. Why question his educated opinions? You WILL question your doctor, as you rightly should, after you read Jean Duffy's second book. PILOT Your Healthcare Journey: a good patient could be a dead patient. With Jean's assistance, this book can help you go from being a patient to being a PILOT. PILOTs are Persistent, Inquisitive, always Learning, Organized and Tenacious. PILOTs participate in decisions that can mean life or death. Jean's years as a nurse educator, a nurse lobbyist and her experience as a reformer in the California legislature, come to bear in this book that will convince you to stop being submissive in today's healthcare system, and start advocating for yourself. Don't be silent in your healthcare decision-making process. Don't miss this book....it could help you to, literally, save your own life.

作者介绍:

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