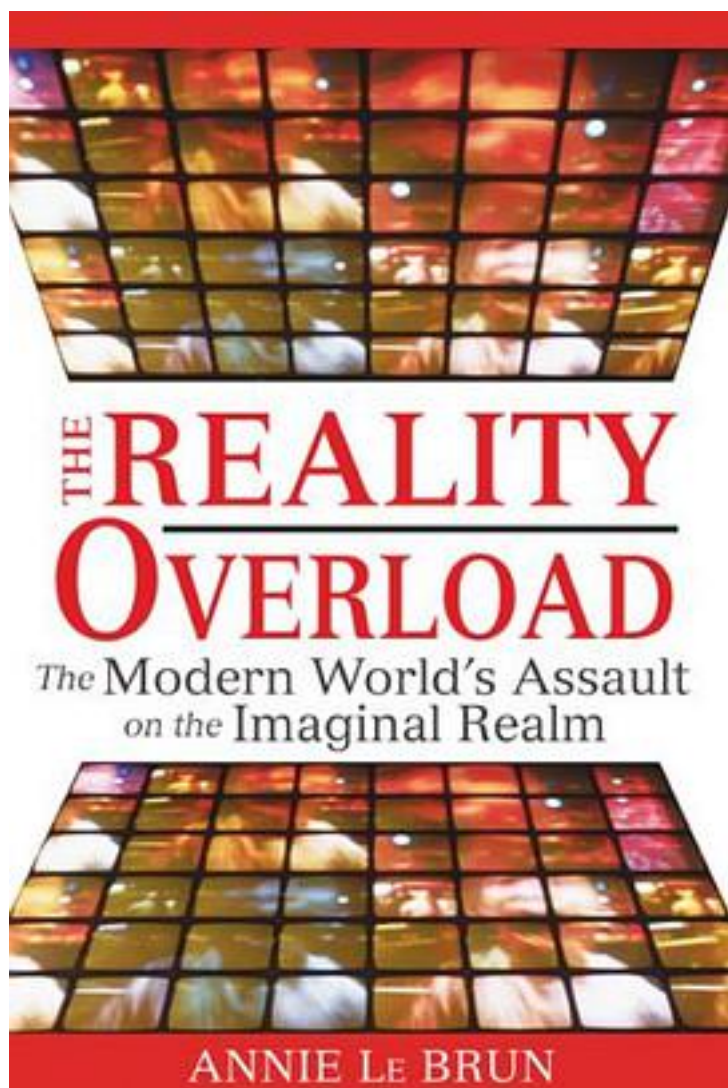


# Reality Overload



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What underlies the many problems of the modern world - from accelerating rates of extinction and desertification, to the increased alienation of the individual - is a reality overload, an increasingly invasive mechanisation and homogenisation of modern life that glorifies consumption and conformity. This overload has been created from the constant force-feeding of too much information, a phenomenon that dispossesses us of our deepest connections to time, our physical world and each other. Annie Le Brun explains that the degradation of the environment mirrors the devastation going on in our minds revealing a link between genetically modified foods and the transformation and decay of our language and communication. There is a direct relationship between the rupture of the great biological balances that govern the planet and the equally devastating rupture in our imaginal realm. The imaginal realm is the home of our dreams and the perceptions that feed our thoughts, individuality and creativity. Without its influence we are forced to live a drab, alienated lifestyle based on consumption alone. If, as Shakespeare claims, we are such stuff as dreams are made on, this theft of our imagination by the reality overload threatens the very foundations of our existence.\*Shows how the constant force-feeding of too much information dispossesses us of our deepest connections\*Describes a link between the destruction of the environment with the assault on our individuality, creativity and ability to think for ourselves

作者介绍:

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