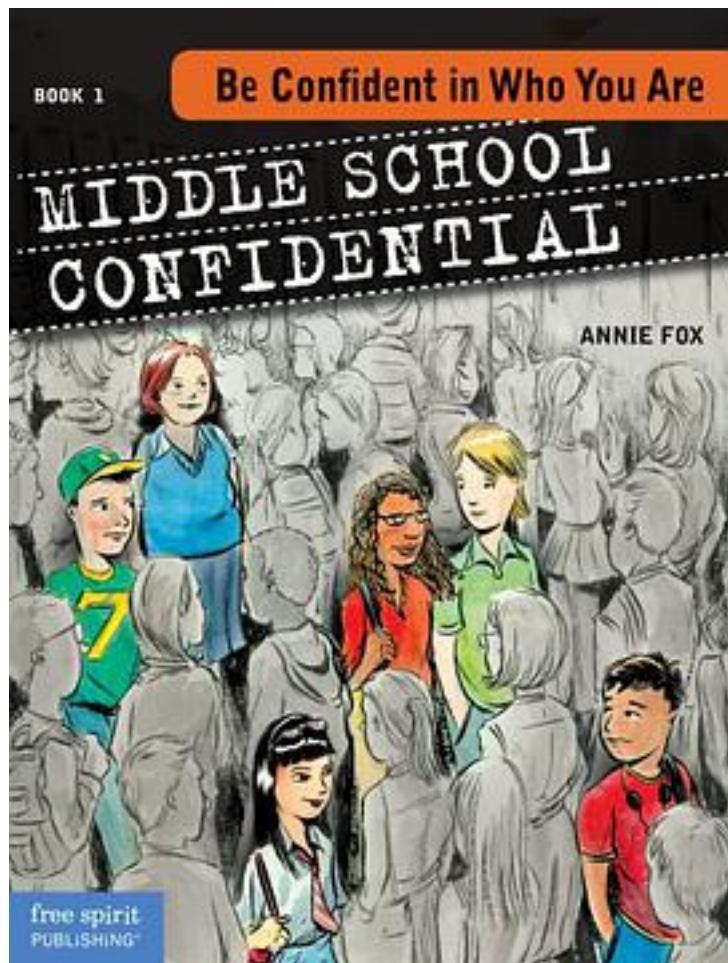


Be Confident in Who You are



[Be Confident in Who You are_下载链接1](#)

著者:Fox, Annie/ Kindt, Matt (ILT)

出版者:

出版时间:2008-8

装帧:

isbn:9781575423029

"Be Confident in Who You Are" is the first book in a new series aimed at 11 -14 year-olds. We follow a group of friends as they work to meet new challenges and

survive the social scene - without losing sight of who they are. The book offers practical advice for being healthy, feeling good about who you are and staying in control of your feelings and actions - even when pressure is on. Filled with character narratives, quizzes, quotes from real teenagers, tips, tools and resources, this book is a timely and engaging survival for early teenagers. It features high-interest graphic-novel style illustrations appealing to both boys and girls. This character-driven book blends fiction and non-fiction. The readers are brought into the lives of six students as they face everyday issues. Student quotes appear throughout the book offering relatable advice, and insider tools provide straightforward tips.

作者介绍:

目录:

[Be Confident in Who You are](#) [下载链接1](#)

标签

评论

[Be Confident in Who You are](#) [下载链接1](#)

书评

[Be Confident in Who You are](#) [下载链接1](#)