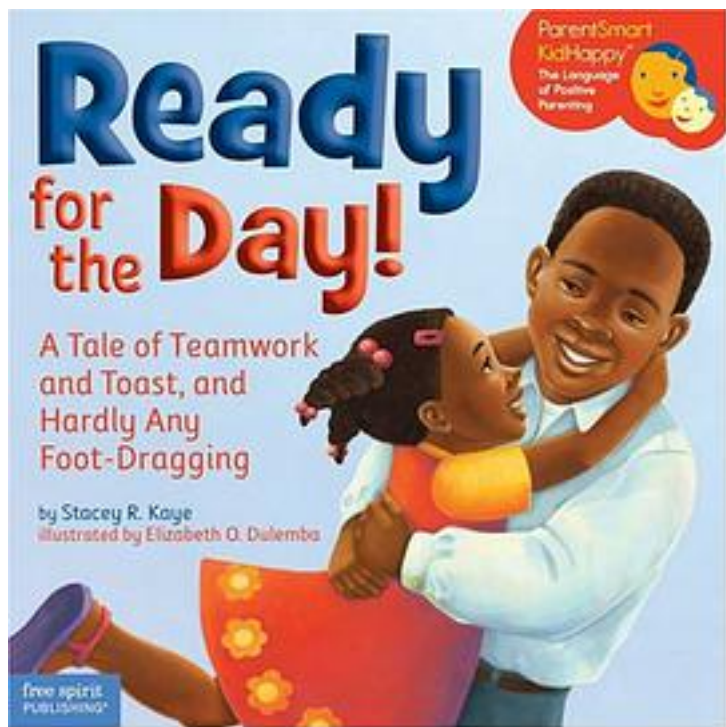


Ready for the Day!



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"Ready for Bed!" offers families emotionally healthy, lasting solutions to a common daily struggle: getting kids ready for bed. Children will love the full-colour pictures and tender story, and parents and caregivers will learn the language of positive parenting. With honesty and gentle humour, this book shows parents how to handle bedtime (and other daily transitions) by giving encouragement, offering choices, and validating feelings. The result: you get through everyday challenges with less stress while building your child's emotional intelligence.

作者介绍:

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