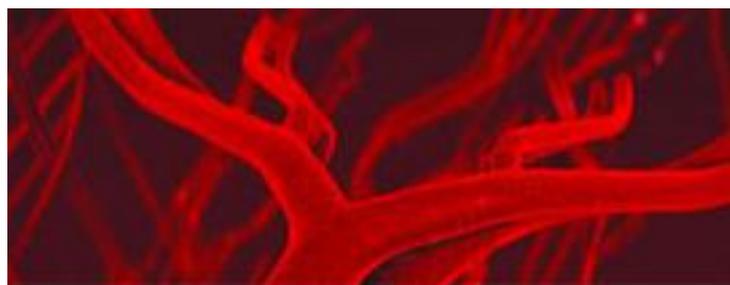


Unclog Your Arteries



Unclog YOUR Arteries

PREVENT HEART ATTACK AND STROKE
AND LIVE A LONGER, HEALTHIER LIFE

Prof. IAN HAMILTON-CRAIG

- How to measure your heart attack risk
- Step-by-step treatment and prevention plans
- Unclogging arteries after a heart attack or a bypass
- Delicious low-cholesterol recipes

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This is a book about what everyone wants to know--how to keep those precious channels as clear as possible for the rest of your life. There is now evidence that clogged arteries are reversible.

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