

Skateboarding



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Complete with sequenced photos and step-by-step instructions, this handy guidebook introduces skateboarding fans to one of the most popular aspects of skateboarding: rail tricks. Beginning with the most basic of handrail tricks and progressing onto more difficult maneuvers and rails, the techniques provided in this valuable resource cater to skateboarders of every skill level. In addition, a section devoted to the history of rail skateboarding and the boarders who helped create and develop this exciting portion of the sport is included.

作者介绍:

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