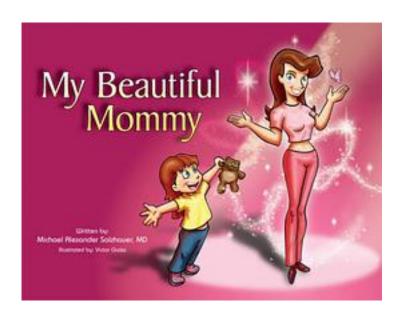
My Beautiful Mommy



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Dr. Michael Salzhauer, a renowned plastic surgeon, wrote My Beautiful Mommy to help patients explain their transformation to their children. The story guides children through Mommy's surgery and healing process in a friendly, nonthreatening way.

Through vivid illustrations and straightforward dialogue, My Beautiful Mommy explains a parent s physical transformation in a breezy, child-friendly manner from a young child s perspective. You and your child will follow along as Mommy goes through her plastic surgery experience and learn how the entire family pitches in to help Mommy achieve her beautiful results. Plastic surgery has become extremely common among mothers with young children. In 2007 more than 400,000 women with young children underwent elective cosmetic surgery in the U.S. alone. If you are a mother with young children and thinking about having plastic surgery - this book is a must have. Undergoing a plastic surgery procedure can be an exciting and stressful time for you

and your family. After you ve picked a board-certified plastic surgeon and a surgery date, take a few minutes to read through this book with your child. This book will make your plastic surgery experience more understandable to your little ones.

Information For Parents: Plastic surgery has become extremely common among mothers with young children. In 2007 more than 400,000 women with young children underwent elective cosmetic surgery in the U.S. alone. As any parent will tell you children are very perceptive. It is nearly impossible to hide a plastic surgery transformation from your children. In my years of experience, trying to do so adds additional and unnecessary stress for both parent and child. Throughout the process young children can become confused. During the initial consultation they may ask themselves questions such as Why is Mommy going to the doctor? Is Mommy sick? If these questions are not addressed, the child will often imagine fantastical scenarios to fill in the gaps of information they are lacking. This phenomenon becomes more pronounced after the surgery. Once mommy is home and the child sees that mommy is bandaged and bruised, they can become even more worried and inquisitive. Finally, when the bandages come off and mommy looks somewhat different, their confusion may lead to responses that adults may find inappropriate or hard to understand. This book is designed to explain to your child what to expect - from the initial consultation to the final result. It is recommended that you read this with your child (and spouse) at least three times during the plastic surgery process: once prior to the initial consultation (if they will be coming along), once more prior to the surgery, and then again during the post-operative healing phase. Encourage your child to ask questions as you read. Answer them in an honest and straightforward manner in language they will understand. If you follow this advice, you will be able to calm your children's fears, address their concerns, and help your family to sail easily through the plastic surgery experience.

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