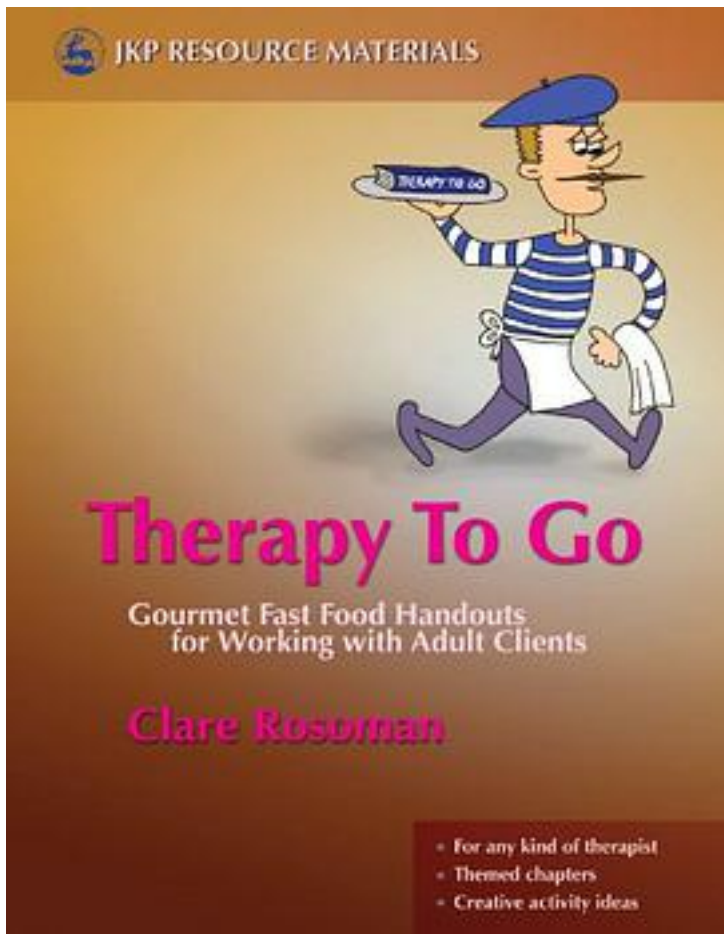


Therapy to Go



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著者:Rosoman, Clare

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This collection of handouts provides a wide range of ready-made activities for all kinds of therapists working on a professional level with child and adolescent clients and their families. There are activities in this book suitable for any therapist, whether trained as a

counselor, psychologist, social worker, family or child therapist, psychiatrist or psychotherapist. The handouts provide creative approaches to a variety of presenting problems, including anxiety, anger, depression and family issues, and the age-range appropriate to each activity is indicated on the handouts. Fully photocopyable, the tools can be used to complement or expand upon a young client's treatment plan by selecting the activities that will help them best to meet their therapeutic goals. Just like fast food, this convenient set of therapy tools will be invaluable in saving time for the busy therapist. There is also a companion volume, Fast Food Therapy Tools for Adult Clients.

作者介绍:

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