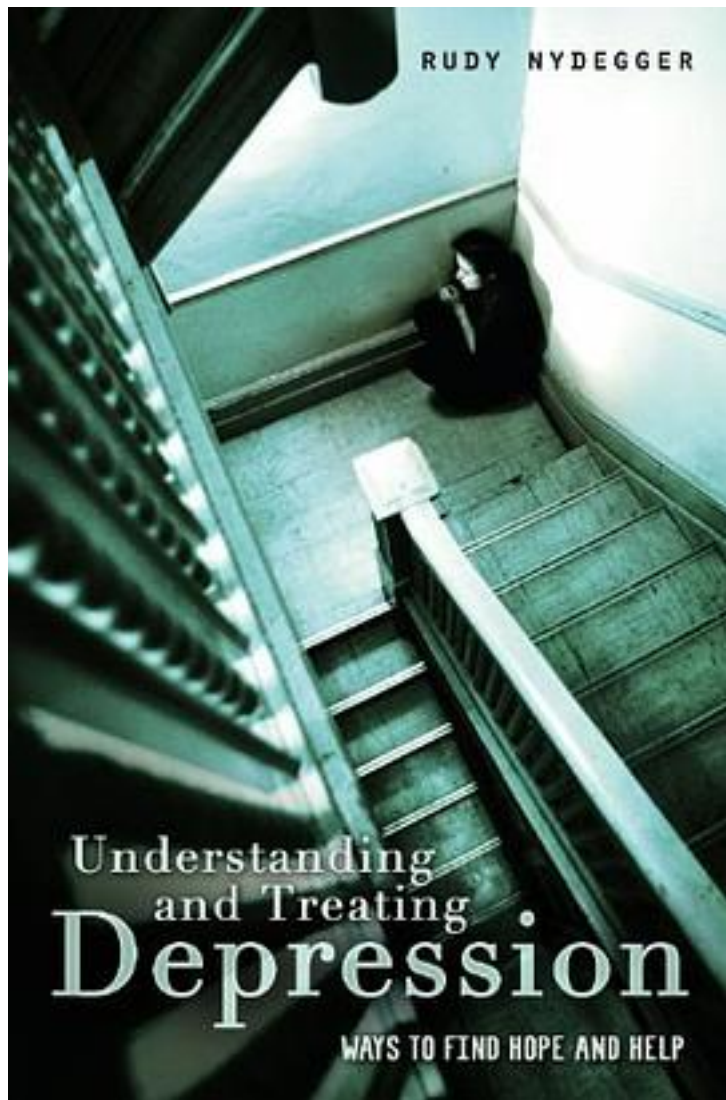


# Understanding and Treating Depression



[Understanding and Treating Depression\\_下载链接1](#)

著者:Nydegger, Rudy V.

出版者:

出版时间:2008-9

装帧:

isbn:9780275998561

This book explains the history, incidence, diagnosis, costs, treatments, and many faces of depression. In any given year, a significant number of people suffer from a depressive disorder. Most do not seek professional help although the great majority could find relief with treatment. And that not only causes hundreds of thousands of dollars in economic costs annually from work slowdown and accidents to illnesses and suicides, the wider picture is that depression hurts not only the person at issue, but millions more who are family members or other loved ones. This book offers a one-stop source that explains the history, increasing incidence, diagnosis, costs, treatment, and many faces of depression across ages, gender, culture, ethnicity, socioeconomic group, and sexual identity. Every chapter includes vignettes and interviews to illustrate the topic and main points. Treatment approaches and success rates are discussed, as are the meanings and myths applied to this common disorder. Current and emerging research, and treatments on the horizon, are also spotlighted.

作者介绍:

目录:

[Understanding and Treating Depression\\_ 下载链接1\\_](#)

标签

评论

-----  
[Understanding and Treating Depression\\_ 下载链接1\\_](#)

书评

-----  
[Understanding and Treating Depression\\_ 下载链接1\\_](#)