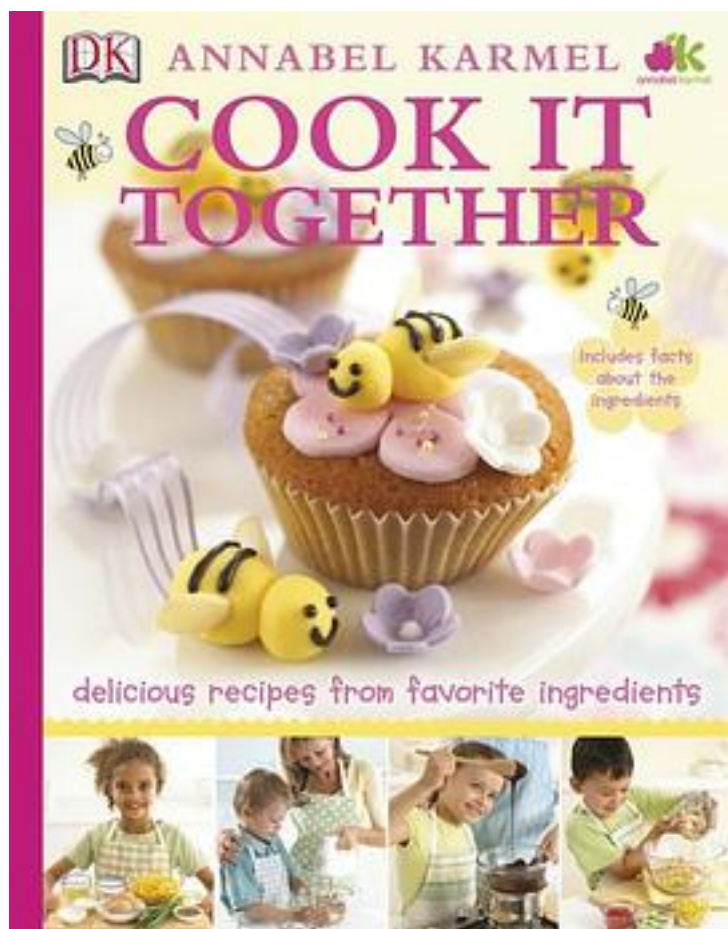


Cook It Together



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著者:Karmel, Annabel

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This innovative book takes 10 ingredients that kids love—tomatoes, corn, rice, potatoes, bananas, strawberries, apples, honey, chocolate, and yogurt—and presents them in a whole new way. First, the book explains where each food comes from or how it's made. Then top-selling author Annabel Karmel gives healthful, fun, easy-to-follow recipes

featuring that food. Honey cakes, baked apples, strawberry cheesecake, tomato soup, and many more tasty, child-friendly recipes fill the pages of this bright cookbook. Annabel Karmel is a best-selling author and expert on nutrition and cooking for children, and her books are published all over the world. Annabel writes for national newspapers and frequently appears on radio and television. She has her own range of healthy foods for children available in the UK, and has built a steady and loyal fan base here in the States.

作者介绍:

目录:

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