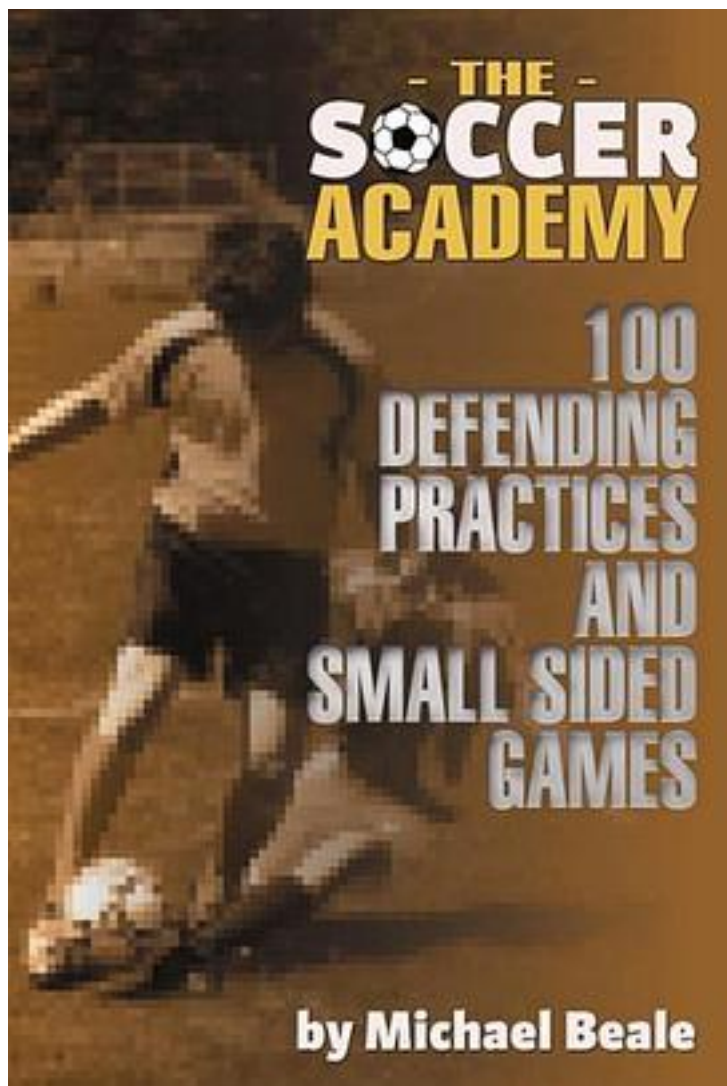


Soccer Academy



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For too long defending practice has been presented as a necessary evil of unimaginative drills that provide players with little reward. This book contains exercises and small games designed to inspire players to become better defenders both tactical and technically in a fun and competitive training environment. The games are set up to re-create the unpredictability of actual match play. Players are more involved in the practice and can develop the skills to deal with ever-changing situations on the pitch.

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