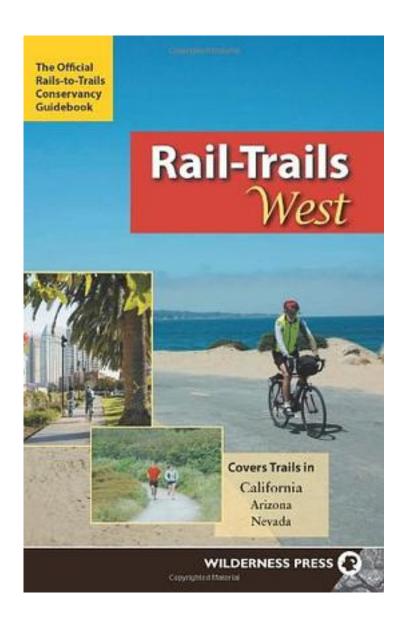
## Rail-Trails West



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著者:Rails-to-Trails Conservancy (EDT)

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In this newest edition in the popular series, the Rails-to-Trails Conservancy presents the best of the West. With 70 rural, suburban, and urban trails threading through 1,050 miles, Rail-Trails West covers 60 trails in California, eight in Arizona, and two in Nevada. Many rail-trails offer escapes from city life, like the Mount Lowe Railway Trail, high above the buzzing Los Angeles basin on a rail line vacationers once took to a mountaintop resort. Others offer the pure sensory thrill of sweeping terrain, like Arizona's 7-mile Prescott Peavine Trail. Still more juxtapose the natural world with the railroad's industrial past, like Nevada's Historic Railroad Hiking Trail, which passes through five massive tunnels to reach Hoover Dam. Every trip has a detailed map, directions to the trailhead, and information about parking, restroom facilities, and other amenities. Many of the level rail-trails are suitable for walking, jogging, bicycling, inline skating, wheelchairs, and horses.

作者介绍:	
目录:	
Rail-Trails West_下载链接1_	
标签	
评论	
 Rail-Trails West_下载链接1_	
书评	

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