

The Way of Korean ZEN



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The power and simplicity of the Korean Zen tradition shine in this collection of teachings by a renowned modern master, translated by Martine Batchelor. Kusan Sunim provides a wealth of practical advice for students, particularly with regard to the uniquely Korean practice of hwadu , or sitting with questioning. An extensive introduction by Stephen Batchelor, author of Buddhism without Beliefs , provides both a biography of the author and a brief history of Korean Zen.

作者介绍:

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