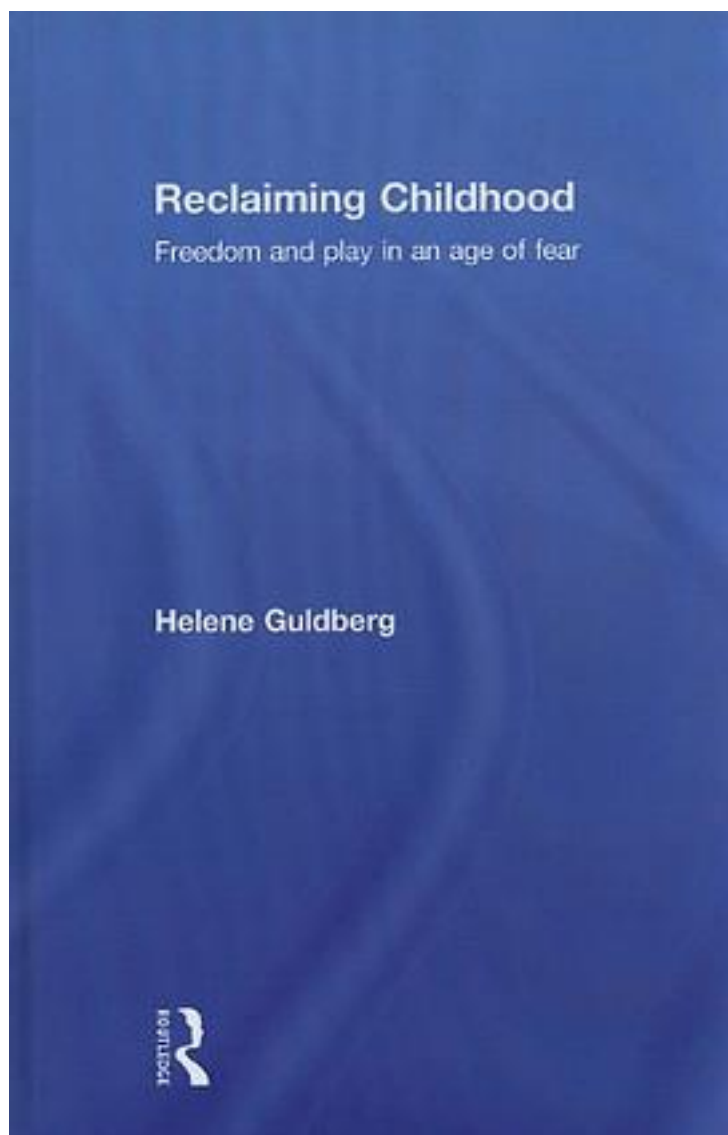


Reclaiming Childhood



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Children are cooped up, passive, apathetic and corrupted by commerce or so we are told. "Reclaiming Childhood" confronts the dangerous myths spun about modern childhood. Yes, children today are losing out on many experiences past generations took for granted, but their lives have improved in so many other ways. This book exposes the stark consequences on child development of both our low expectations of fellow human beings and our safety-obsessed culture. Rather than pointing the finger at soft 'junk' targets and labelling children as fragile and easily damaged, Helene Guldberg argues that we need to identify what the real problems are - and how much they matter. We need to allow children to grow and flourish, to balance sensible guidance with youthful independence. That means letting children play, experiment and mess around without adults hovering over them. It means giving children the opportunity to develop the resilience that characterises a sane and successful adulthood. Guldberg suggests ways we can work to improve children's experiences, as well as those of parents, teachers and 'strangers' simply by taking a step back from panic and doom-mongering.

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