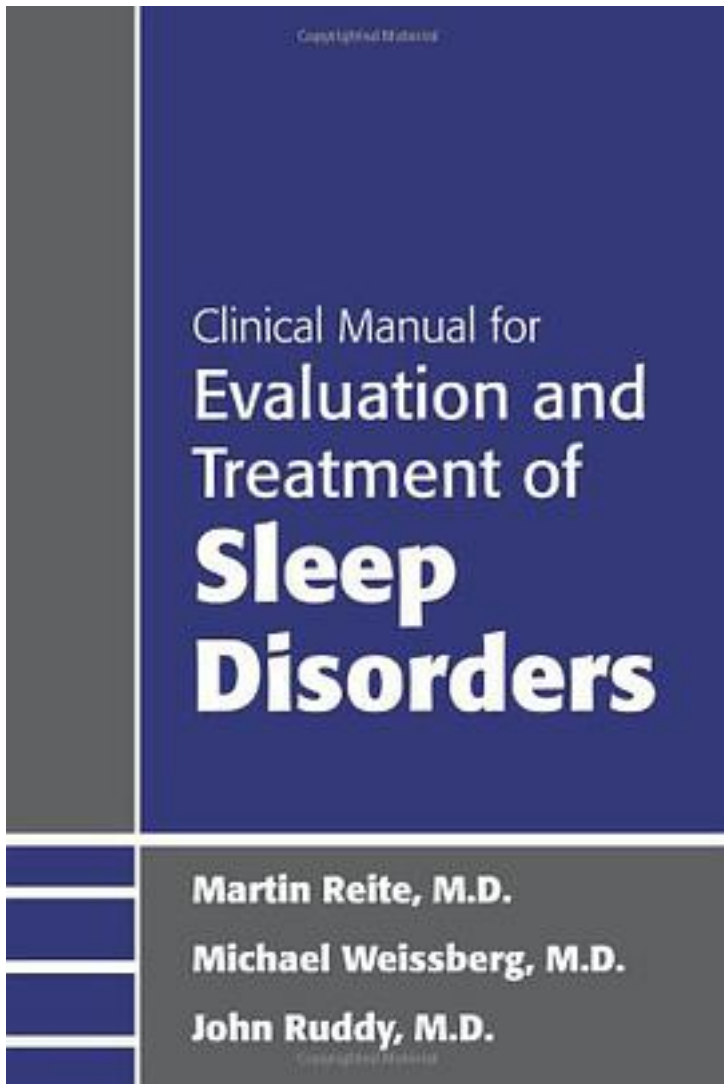


# Clinical Manual for the Evaluation and Treatment of Sleep Disorders



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著者:Reite, Martin/ Weissberg, Michael, M.D./ Ruddy, John

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This clinical manual offers a comprehensive overview of the advancements in the field of sleep disorders. In thirteen chapters, the authors present the latest research and practice on sleep disorders. The chapters detail specific medical symptoms and psychiatric disorders behind disordered sleep; pharmacological treatments; and sleep problems in children, the elderly, and women (in pregnancy, premenstrual syndrome, and menopause). The book also includes: patient handouts, comprehensive suggestions for further reading, and key points at the end of each chapter. Thoroughly referenced and illustrated, this fascinating work is intended for students, educators, and clinicians everywhere as they face the increasingly widespread challenge of successfully diagnosing and treating sleep disorders.

作者介绍:

目录:

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