

Don't Tell



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著者:Dorais, Michel

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Nearly one male in six has been the victim of sexual abuse during childhood or adolescence, yet this abuse remains a taboo subject, even among victims. In "Don't Tell", Michel Dorais gives the victims a voice, providing a sensitive analysis of their traumas and self-questioning, and offering strategies for coping. "Don't Tell" examines the effects of sexual abuse on the emotional and sexual life of men, including their sense of self and their personal relationships. Using first-hand accounts, Dorais shows that certain reactions are specific to male victims as they attempt to preserve their physical integrity and conceptions of masculinity. He provides innovative strategies for both prevention and treatment that will be of use to those who have suffered abuse as well as to their families and all those who are trying to help them - spouses, friends, social workers, and therapists. Jean-Paul Roger, author of "L'inevitable", reflects on the importance of shared testimony in helping victims come to terms with their abuse and on the ongoing struggle this presents over the course of their lives.

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