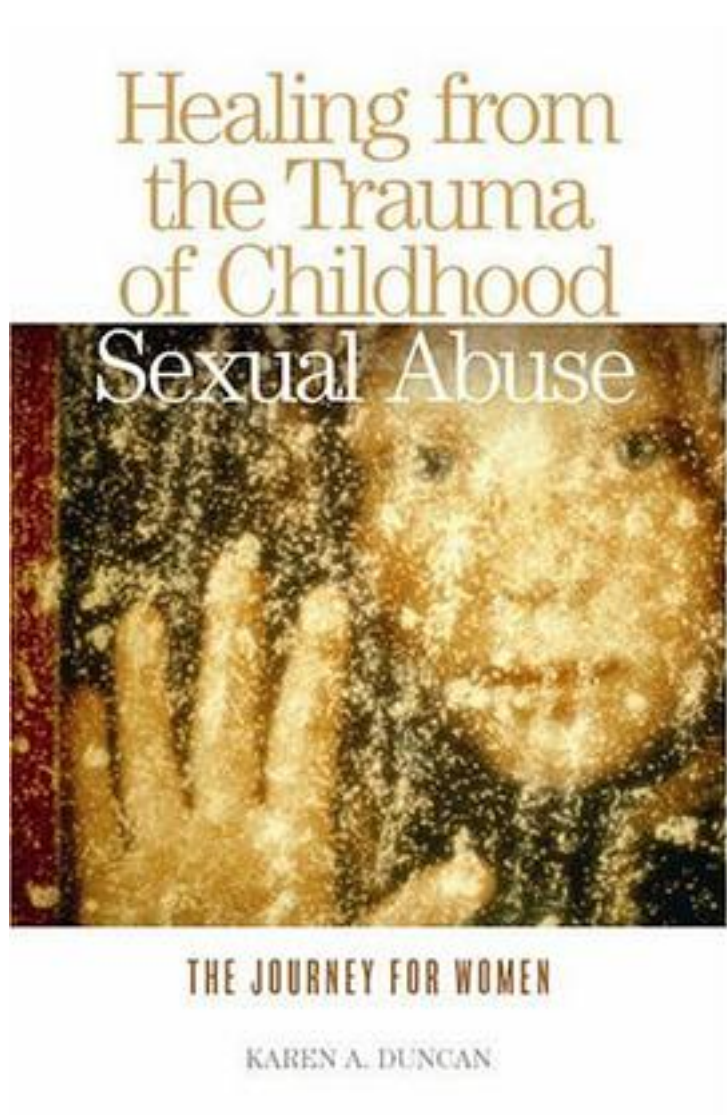


Healing from the Trauma of Childhood Sexual Abuse



[Healing from the Trauma of Childhood Sexual Abuse_ 下载链接1](#)

著者:Duncan, Karen A.

出版者:

出版时间:2008-8

装帧:

isbn:9780313363214

This book offers a guide to healing the traumatic effects of this hidden abuse. The traumatic affects of childhood sexual abuse can remain and recur throughout life for women who have not healed emotionally. This book, by a family therapist, shares stories from 18 women abused as children, explaining that healing can occur at any stage of life, and that healing, itself, occurs in stages. The author offers guidance to recognize the long-lingering potential affects of childhood sexual abuse including depression, anxiety, dissociation, and chronic shock, and she explains steps to take for recovery. Also presented are letters from women who have healed or are in recovery. Sexual abuse by men, juveniles, and female perpetrators is discussed, as is how children may act out the abusive behaviour taught by perpetrators. The incidence of abuse by family members is also addressed. The author explains the dual dilemma - moral and legal - that women face in exposing a sexual perpetrator within the family when not protected by the legal system due to statutes of limitations. She also discusses controversial topics including false memory and disclosure of memory to the perpetrator.

作者介绍:

目录:

[Healing from the Trauma of Childhood Sexual Abuse 下载链接1](#)

标签

评论

[Healing from the Trauma of Childhood Sexual Abuse 下载链接1](#)

书评

[Healing from the Trauma of Childhood Sexual Abuse 下载链接1](#)