

# Spiral



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出版者:

出版时间:

装帧:

isbn:9781551439327

When fifteen-year-old Abby is seriously injured, her wounds go far deeper than her broken back. Rehabilitation therapy teaches her to cope with her new physical reality but once she's home with her family, she refuses to participate in life and withdraws into a world of drugs. Abby's family discovers her addiction, and she is sent to a farm that specializes in Equine Assisted Therapy. She must still do battle with her cravings, but when she witnesses the connection between another young patient and a pony, she decides that if this girl can heal, she too can learn to be present in life again.

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