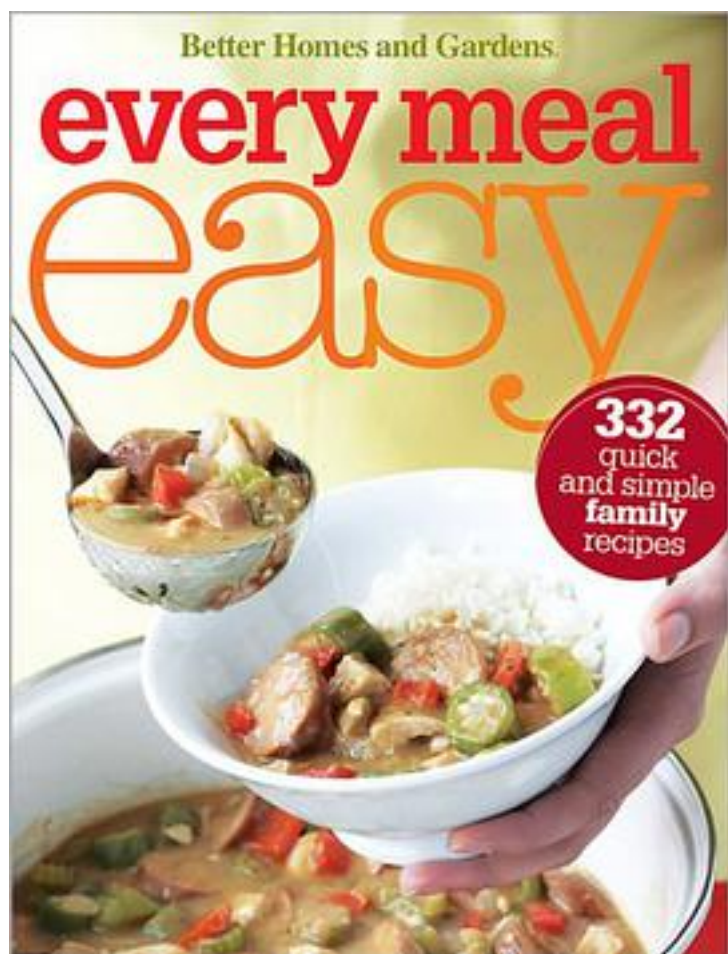


Every Meal Easy



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More than 330 easy-to-make recipes that include comforting soups, hearty and healthful snacks, anytime breakfasts, sandwiches to snap up when time is short, and fast-fix desserts for instant indulgences. "Weeknight Solutions" chapter loaded with

quick ideas to spice up dinnertime during the week. Helpful tips and meal ideas to ensure you'll get the most out of your food budget. Nearly 200 full-color photos.

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